Family Night Devotion May 30, 2018 Jerry Ophoven

## RESTING IN FAITH

Hebrews 4:2: "For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it."

1.	There are two that believers can enjoy, the first, rest, all
	believers shall enjoy, the second, rest, only some will enjoy. Heb 4:6.
	Mathew 11:28-30- "Come to me, all you who labor and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and My burden is light."  Rest = peace, quiet, cessation of labor, freedom from worries, confidence.
	Romans 5:1-Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ.
	Philippians 4:7- "and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."
2.	Heb 4:1-10 provides the explanation of faith-rest.
	Heb 4:11-16 provides the exhortation to possess faith-rest.
3.	The provider of this rest is Heb 4:1. Heb 4:10.
4.	This rest is an ongoing promise and remains available now. Heb 4:2. Heb 4:9.
5.	We obtain this rest by and God's Word, and
	His promises and principles. Heb 4:2. Romans 15:13. Isaiah 26:3-4.
6.	Beware the world and the flesh can prevent you from having God's rest.
7.	Isaiah 40:28-31. Heb 4:15-16.