

## II. GOD PRESERVES YOUR LIFE (13-16)

- A. It is a **Mutual** Love: God recues and protects.

*“Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.”*  
John 14:23

- B. It is a **Calling** Love: God Answers those who call on Him.

*“But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.”*  
Hebrews 11:6

- C. It is an Honored Love: God is with you in **Trouble**, **Transition** and **Tension**.

*“Give us help from trouble: for vain is the help of man.”*  
Psalm 108:12

**Fear to Faith Step #2:** God Requires Intimacy,  
not Isolation

*“The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?”*  
Psalm 27:1

### ASK GOD TO USE THIS PSALM TO TURN YOUR SOUR EMOTIONS INTO SWEET EMOTIONS

*“Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms.”*  
James 5:13

## SWEET EMOTIONS

### Finding Confidence When You Feel Afraid

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#### INTRODUCTION

- A. Emotions are both sour and sweet. The Bible shows you how to turn your sour emotions into sweet emotions.

*“3 as His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue,  
4 by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption that is in the world through lust.”*  
II Peter 1:3-4

- B. How you feel will directly impact your quality of life. In this series, you will you will learn how to deal with how you feel.

May 12	Finding Strength When You Feel Overwhelmed
May 19	Finding Peace When You Feel Worried
May 26	Finding Connection When You Feel Alone
June 2	Finding Hope When You Feel Depressed
TODAY	Finding Confidence When You Feel Afraid
June 16	Finding Control When You Feel Angry
June 23	Finding Forgiveness When You Feel Revenge

This series is based on the book of Psalms.

- C. **Text:** Psalm 91 (Pew Bible/Pg 564/Old Testament)

Confidence is **abiding** in God no matter what the circumstances or consequences seem to be.

## HOW TO FIND CONFIDENCE WHEN YOU FEEL AFRAID

*“Abide in me and I in you”* John 15:4

### I. GOD **PROTECTS** YOUR LIFE (1-13)

#### A. We Must Abide in the **Person** of God. (1-2)

*“And the LORD God called unto Adam, and said unto him, Where art thou?”* Genesis 3:9

1. Elyon: We **commune** with him reverently as the Most High God
2. Shaddai: We **rest** in him as the Almighty God
3. Yahweh: We **rejoice** in him as Jehovah or Lord God.
4. Elohim: We **trust** him as EL, the Mighty God

*“But these are written , that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through his name”.*

John 20:31

#### B. We Must Abide in the **Promises** of God. (3-12)

##### 1. To Deal with the **Foes** of God. (3)

*“Let God arise , let his enemies be scattered : let them also that hate him flee before him.”*

Psalm 68:1

*“Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.”* Joshua 1:9

##### 2. To Deem the **Fruits** of God (4-10, 13)

*“Blessings are upon the head of the just: but violence covereth the mouth of the wicked.”*

Proverbs 10:6

*“Watch ye, stand fast in the faith, quit you like men, be strong.”*

1 Corinthians 16:13

##### 3. To Determine the **Friends** of God (11-12)

*“They went out from us, but they were not of us; for if they had been of us, they would no doubt have continued with us: but they went out, that they might be made manifest that they were not all of us.”*

I John 2:19

*“Be strong and of a good courage, fear not, nor be afraid of them: for the LORD thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee.”*

Deuteronomy 31:6

**Fear to Faith Step #1:** God Requires Faith, not Fear