



**TYPE 1 DIABETES: FAST FACTS**

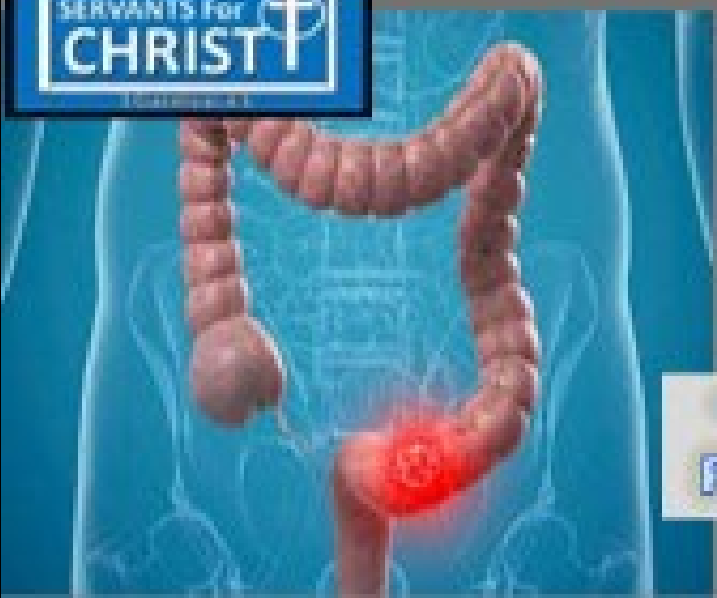
- Type 1 diabetes affects about 1.6 million people in the U.S.
- Type 1 diabetes can be triggered by any virus, including a cold.
- Most people with T1D are diagnosed in the 1-5 age range.
- People who have type 1 diabetes require insulin.



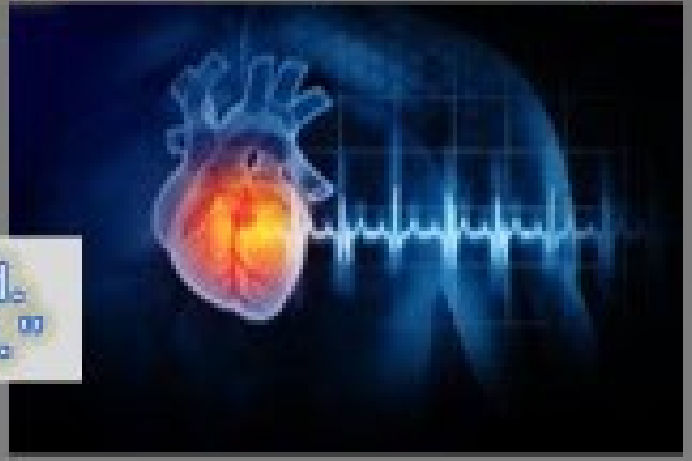
# PULLING IT TOGETHER

**AGAIN:**  
**When things fall apart.**

Psalm 119:105-112



"Everything's falling apart on me, God. Put me together again with your Word."



# Psalm 119:105 -112 KJV



Various prayers, praises, and professions of obedience

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105 Thy word is a lamp unto my feet, and a light unto my path.

106 I have sworn, and I will perform it, that I will keep thy righteous judgments.

107 I am afflicted very much: quicken me, O LORD, according unto thy word.

108 Accept, I beseech thee, the freewill offerings of my mouth, O LORD, and teach me thy judgments.

109 My soul is continually in my hand: yet do I not forget thy law.

# Psalm 119:105 -112 KJV



Various prayers, praises, and professions of obedience

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**110** The wicked have laid a snare for me: yet I erred not from thy precepts.

**111** Thy testimonies have I taken as an heritage for ever: for they are the rejoicing of my heart.

**112** I have inclined mine heart to perform thy statutes alway, even unto the end.

# Psalm 119:107

*The Message*



“Everything’s falling apart on me, God; put me together again with Your Word.”

*Various prayers, praises, and professions of obedience*

**NUN**

**Psalm 105** Thy word is a lamp unto my feet, and a light unto my path. **106** I have sworn, and I will perform it, that I will keep thy righteous judgments. **107** I am afflicted very much: quicken me, O Lord, according unto thy word. **(Ps 119:105-107 KJV)**

# Luke 1:17

*Today's English Version*

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“He will bring fathers and children together again...”

## Luke's conception of John the Baptist

**17** And he shall go before him in the spirit and power of Elias, to turn the hearts of the fathers to the children, and the disobedient to the wisdom of the just; to make ready a people prepared for the Lord.

(Luke 1:17 KJV)

## Nehemiah 2:20

*New Living Translation*

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“The God of Heaven will help us succeed. We, His servants, will start rebuilding this wall.”

**Nehemiah, to the grief of the enemies, comes to Jerusalem**

**20** Then answered I them, and said unto them, The God of heaven, he will prosper us; therefore we his servants will arise and build: but ye have no portion, nor right, nor memorial, in Jerusalem (**Neh 2:20 KJV**)

# PULLING IT TOGETHER AGAIN!

when things fall apart.

1. HOW TO START ?

# Nehemiah 1:3 -4

*New Living Translation*

“They said to me... ‘The wall of Jerusalem has been torn down, and the gates have been destroyed by fire.’ When I heard this, I sat down and wept. In fact, for days I mourned, fasted, and prayed to the God of Heaven.”

**Nehemiah learns of the misery of Jerusalem**

**3** And they said unto me, The remnant that are left of the captivity there in the province are in great affliction and reproach: the wall of Jerusalem also is broken down, and the gates thereof are burned with fire. **4** And it came to pass, when I heard these words, that I sat down and wept, and mourned certain days, and fasted, and prayed before the God of heaven, **(Neh 1:3-4 KJV)**



# PULLING IT TOGETHER AGAIN!

A. Mourning – Expressing your  
HURT to God



# Matthew 5:4

*New Living Translation*

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“God blesses those who mourn, for they will be comforted.”

Christ with his sermon on the mount declaring who are blessed

4 Blessed are they that mourn: for they shall be comforted.  
(Matt 5:4 KJV)

# PULLING IT TOGETHER AGAIN!

B. Fasting – Focusing your  
**HEART** on God



## Joel 2:12

*New King James Version*

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“Turn to me with all your heart, with fasting, with weeping, and with mourning.”

Joel exhorts Judah to repent

**12** Therefore also now, saith the Lord , turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: (Joel 2:12 KJV)

# Acts 13:2

*New International Version*

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“While they were worshiping the Lord and fasting, the Holy Spirit said, ‘Set apart for me Barnabas and Saul for the work to which I have called them.’”

**Paul and Barnabas are chosen for ministry to the Gentiles**

**2** As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them. **(Acts 13:2 KJV)**

# PULLING IT TOGETHER AGAIN!

C. Praying – Asking for  
HELP from God

PRAYER



# Psalm 28:1a

*New Century Version*

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“Lord, my Rock, I call out to You for help.”

David prays earnestly against his enemies

1 Unto thee will I cry, O Lord my rock; be not silent to me: lest, if thou be silent to me, I become like them that go down into the pit. (Ps 28:1 KJV)

# Ephesians 1:19

*The Living Bible*

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“I pray that you will begin to understand how incredibly great His power is to help those who believe Him.”

Paul gives thanks for spiritual blessings

19 And what is the exceeding greatness of his power to usward who believe, according to the working of his mighty power, (Eph 1:19 KJV)



# PULLING IT TOGETHER AGAIN!

when things fall apart.

1. HOW TO START ?

2. HOW TO KEEP GOING ?

# PULLING IT TOGETHER AGAIN!

A. Take time to say **THANK YOU**



# Romans 1:8

*New Century Version*

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“First I want to say that I thank my God through Jesus Christ for all of you, because people everywhere in the world are talking about your faith.”

Paul commends his calling to the Romans

8 First, I thank my God through Jesus Christ for you all, that your faith is spoken of throughout the whole world. (Rom 1:8 KJV)

# Ephesians 1:6

*The Message*

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“I couldn’t stop thanking God for you—every time I prayed, I’d think of you and give thanks.”

Paul gives thanks for spiritual blessings

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved. (Eph 1:5-6 KJV)

# PULLING IT TOGETHER AGAIN!

B. Choose to **CELEBRATE**



# Psalm 106:1

*Contemporary English Version*

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“We will celebrate and praise You, Lord! You are good to us, and Your love never fails.”

The psalmist exhorts men to praise God

1 Praise ye the Lord . O give thanks unto the Lord ; for he is good: for his mercy endureth for ever. (Ps 106:1 KJV)

# Nehemiah 8:10b

*New International Version*

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“The joy of the Lord is your strength.”

Nehemiah, Ezra, and the Levites comfort the people

**10** Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our Lord: neither be ye sorry; for the joy of the Lord is your strength. (Neh 8:10 KJV)

## Nehemiah 8:12

*New Living Translation*

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“So the people went away to eat and drink at a festive meal, to share gifts of food, and to celebrate with great joy because they had heard God’s words and understood them.”

**12** And all the people went their way to eat, and to drink, and to send portions, and to make great mirth, because they had understood the words that were declared unto them. **(Neh 8:12 KJV)**



# PULLING IT TOGETHER

## AGAIN!

when things fall apart.

1. HOW TO START ?

2. HOW TO KEEP GOING ?

3. HOW IT LASTS ?

# PULLING IT TOGETHER AGAIN!

A. For anything to last, it must be  
**DEDICATED TO GOD**

I Wish to Dedicate  
My Entire Life to God

What Have You  
Dedicated to God?



# 1 Corinthians 9:25

*New International Version*

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“Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever.”

**Our life is like a contest for a prize**

**25** And every man that striveth for the mastery is temperate in all things. \* Now they do it to obtain a corruptible crown; but we an incorruptible. (1 Cor 9:25 KJV)

# Nehemiah 12:30

*The Living Bible*

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“The priests and Levites first dedicated themselves, then the people, the gates, and the wall.”

The solemn but joyful dedication of the walls

**30** And the priests and the Levites purified themselves, and purified the people, and the gates, and the wall. **(Neh 12:30)**

# Romans 12:1

*Today's English Version*

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“So then, my friends, because of God’s great mercy to us I appeal to you: Offer yourselves as a living sacrifice to God, dedicated to His service and pleasing to Him. This is the true worship that you should offer.”

**Paul says we want to please God because of His mercies**

**1** I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. **(Rom 12:1 KJV)**



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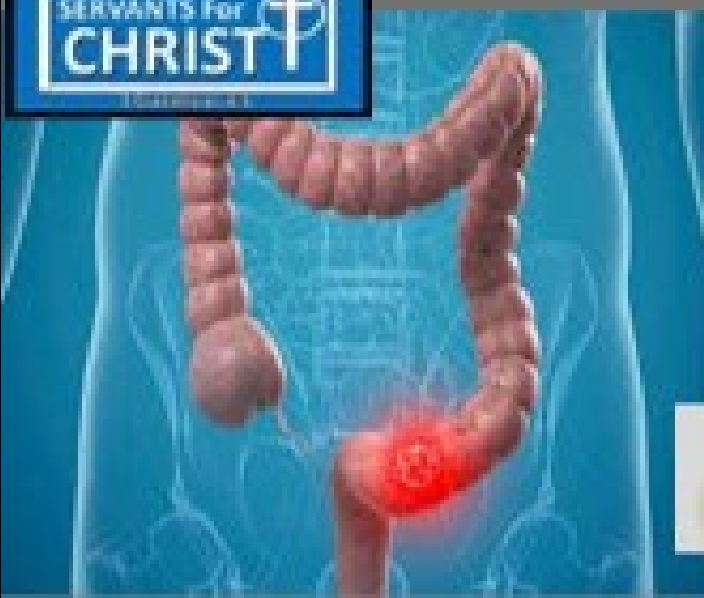
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