

## FIVE FORMULAS FOR FATHERS

### *Ephesians 5:18-6:4*

These 5 points form a \_\_\_\_\_ : first two general points prepare us for the crux of what it means to be a father

#### I. BE CONTINUALLY \_\_\_\_\_ WITH THE HOLY SPIRIT 5:18-21

- A. Paul gives us a huge clue by comparing/contrasting the filling of the Spirit to being filled with \_\_\_\_\_
- 1) Alcohol \_\_\_\_\_ one who is drunk; when the Holy Spirit fills us, He gives enabling and power
  - 2) Alcohol \_\_\_\_\_ one who is drunk; the Holy Spirit also controls those whom He empowers
- B. Rather than an emotional experience, the filling of the Spirit has mundane results (5:19-21) including “submitting to one another” in the husband-wife (5:22-31) and the \_\_\_\_\_ relationship (6:1-4)

#### II. \_\_\_\_\_ THE MOTHER OF YOUR CHILDREN 5:22-31

This passage says nothing about a husband’s \_\_\_\_\_; it only directs him to love his wife—2 pictures:

- 1) A husband is to love his wife as Christ loved the church: he must be willing to \_\_\_\_\_ all for her
- 2) A husband is love his wife as his own \_\_\_\_\_ because she is indeed “one flesh” with him (Gen. 2:24)

#### III. \_\_\_\_\_ YOUR CHILDREN IN THE LORD 6:4

- A. Fathers are to ensure that their children get an \_\_\_\_\_ including knowing the Scriptures/doctrine
- B. According to Heb. 12:6-7, training includes \_\_\_\_\_ : fathers must provide “education with teeth”
- 1) Proverbs: if we will not spank a child, we do not \_\_\_\_\_ him and we open a door to his destruction
  - 2) Reserve spanking for when a child directly disobeys, defies your authority or \_\_\_\_\_ you

#### IV. \_\_\_\_\_ YOUR CHILDREN IN THE LORD 6:4

- A. Admonition is \_\_\_\_\_ correction to bring about change; Nathan confronting David is an illustration
- B. Our goal is not to force our children to behave; our goal is to see them \_\_\_\_\_ through faith in Christ
- C. This goal can never be produced simply by enforcing rules/spanking: we must deal with a child’s \_\_\_\_\_
- D. Shepherding a Child’s Heart by Ted Tripp contains much wisdom in how to \_\_\_\_\_ a child

#### V. DO NOT \_\_\_\_\_ YOUR CHILDREN TO WRATH 6:4

It is easy to abuse or abdicate parental authority & actually incite \_\_\_\_\_ in children—here are 7 ways:

- 1) By \_\_\_\_\_ of one child over another: look at the story of Jacob and Esau for a Biblical example
- 2) By use of negative enforcement only—never \_\_\_\_\_ a child, never granting him your approval
- 3) By \_\_\_\_\_ : allowing a child to get away with something most of the time but then punishing him for it occasionally; punishing a child when you did not make clear that there was a rule/punishment
- 4) By punishing a child for being a \_\_\_\_\_ : children often spill things, break things, forget things
- 5) By refusing to re-establish a love relationship with your child after you punish him; by holding a \_\_\_\_\_
- 6) By punishing a child because he infringed on your \_\_\_\_\_ : children discern real motives
- 7) By punishing a child when you are out of \_\_\_\_\_ ; beating a child in uncontrolled anger is child abuse

(See Midway’s page on sermonaudio.com: “Who Made Me the Sheriff around Here?” [2/25/2007])