

40

DAYS TO A NEW YOU

A Spiritual Workout



Service Times
Sundays: 10:45am | Wednesdays: 7:00pm
www.lifelinechurchohio.org



Service Times
Sundays: 9:30am | Thursdays: 7:00pm
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DAYS TO A NEW YOU
A Spiritual Workout

June 16

Leadership | *God's way*

Mark 10:35-45

³⁵ Then James and John, the sons of Zebedee, came to him. "Teacher," they said, "we want you to do for us whatever we ask." ³⁶ "What do you want me to do for you?" he asked. ³⁷ They replied, "Let one of us sit at your right and the other at your left in your glory." ³⁸ "You don't know what you are asking," Jesus said. "Can you drink the cup I drink or be baptized with the baptism I am baptized with?" ³⁹ "We can," they answered. Jesus said to them, "You will drink the cup I drink and be baptized with the baptism I am baptized with, ⁴⁰ but to sit at my right or left is not for me to grant. These places belong to those for whom they have been prepared." ⁴¹ When the ten heard about this, they became indignant with James and John. ⁴² Jesus called them together and said, "You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. ⁴³ Not so with you. Instead, whoever wants to become great among you must be your servant, ⁴⁴ and whoever wants to be first must be slave of all. ⁴⁵ For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Colossians 3:21

²¹ Fathers, do not embitter your children, or they will become discouraged.

Ephesians 6:4

⁴ Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

Luke 11:11

¹¹ "Which of you fathers, if your son asks for a fish, will give him a snake instead?"

Proverb 23:12

¹² Apply your heart to instruction and your ears to words of knowledge.

Notes:

June 23

Inviting | *The Connection To Eternal Life*

John 1:43-50

⁴³The next day Jesus decided to leave for Galilee. Finding Philip, he said to him, “Follow me.”

⁴⁴Philip, like Andrew and Peter, was from the town of Bethsaida. ⁴⁵Philip found Nathanael and told him, “We have found the one Moses wrote about in the Law, and about whom the prophets also wrote Jesus of Nazareth, the son of Joseph.” ⁴⁶“Nazareth! Can anything good come from there?” Nathanael asked. “Come and see,” said Philip. ⁴⁷When Jesus saw Nathanael approaching, he said of him, “Here truly is an Israelite in whom there is no deceit.” ⁴⁸“How do you know me?” Nathanael asked. Jesus answered, “I saw you while you were still under the fig tree before Philip called you.” ⁴⁹Then Nathanael declared, “Rabbi, you are the Son of God; you are the king of Israel.” ⁵⁰Jesus said, “You believe because I told you I saw you under the fig tree. You will see greater things than that.”

Matthew 22:1-14

¹Jesus spoke to them again in parables, saying: ²“The kingdom of heaven is like a king who prepared a wedding banquet for his son. ³He sent his servants to those who had been invited to the banquet to tell them to come, but they refused to come. ⁴“Then he sent some more servants and said, ‘Tell those who have been invited that I have prepared my dinner: My oxen and fattened cattle have been butchered, and everything is ready. Come to the wedding banquet.’ ⁵“But they paid no attention and went off one to his field, another to his business. ⁶The rest seized his servants, mistreated them and killed them. ⁷The king was enraged. He sent his army and destroyed those murderers and burned their city. ⁸“Then he said to his servants, ‘The wedding banquet is ready, but those I invited did not deserve to come. ⁹So go to the street corners and invite to the banquet anyone you find.’ ¹⁰So the servants went out into the streets and gathered all the people they could find, the bad as well as the good, and the wedding hall was filled with guests. ¹¹“But when the king came in to see the guests, he noticed a man there who was not wearing wedding clothes. ¹²He asked, ‘How did you get in here without wedding clothes, friend?’ The man was speechless. ¹³“Then the king told the attendants, ‘Tie him hand and foot, and throw him outside, into the darkness, where there will be weeping and gnashing of teeth.’ ¹⁴“For many are invited, but few are chosen.”

Revelation 19:6-8

⁶Then I heard what sounded like a great multitude, like the roar of rushing waters and like loud peals of thunder, shouting: “Hallelujah! For our Lord God Almighty reigns.⁷ Let us rejoice and be glad and give him glory! For the wedding of the Lamb has come, and his bride has made herself ready. ⁸Fine linen, bright and clean, was given her to wear.

Romans 10:12-15

¹²For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, ¹³for, “Everyone who calls on the name of the Lord will be saved.”¹⁴How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear

June 30

Tithing | *Putting God First*

Genesis 14:18-20

¹⁸ Then Melchizedek king of Salem brought out bread and wine. He was priest of God Most High, ¹⁹ and he blessed Abram, saying, “Blessed be Abram by God Most High, Creator of heaven and earth. ²⁰ And praise be to God Most High, who delivered your enemies into your hand.” Then Abram gave him a tenth of everything.

Genesis 28:20-22

²⁰ Then Jacob made a vow, saying, “If God will be with me and will watch over me on this journey I am taking and will give me food to eat and clothes to wear ²¹ so that I return safely to my father’s household, then the LORD will be my God ²² and this stone that I have set up as a pillar will be God’s house, and of all that you give me I will give you a tenth.”

Leviticus 27:30

³⁰ “A tithe of everything from the land, whether grain from the soil or fruit from the trees, belongs to the LORD; it is holy to the LORD.

Malachi 3

³ “I will send my messenger, who will prepare the way before me. Then suddenly the Lord you are seeking will come to his temple; the messenger of the covenant, whom you desire, will come,” says the LORD Almighty. ² But who can endure the day of his coming? Who can stand when he appears? For he will be like a refiner’s fire or a launderer’s soap. ³ He will sit as a refiner and purifier of silver; he will purify the Levites and refine them like gold and silver. Then the LORD will have men who will bring offerings in righteousness, ⁴ and the offerings of Judah and Jerusalem will be acceptable to the LORD, as in days gone by, as in former years. ⁵ “So I will come to put you on trial. I will be quick to testify against sorcerers, adulterers and perjurers, against those who defraud laborers of their wages, who oppress the widows and the fatherless, and deprive the foreigners among you of justice, but do not fear me,” says the LORD Almighty. ⁶ “I the LORD do not change. So you, the descendants of Jacob, are not destroyed. ⁷ Ever since the time of your ancestors you have turned away from my decrees and have not kept them. Return to me, and I will return to you,” says the LORD Almighty. “But you ask, ‘How are we to return?’” ⁸ “Will a mere mortal rob God? Yet you rob me. “But you ask, ‘How are we robbing you?’” “In tithes and offerings. ⁹ You are under a curse—your whole nation because you are robbing me. ¹⁰ Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this,” says the LORD Almighty, “and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it. ¹¹ I will prevent pests from devouring your crops, and the vines in your fields will not drop their fruit before it is ripe,” says the LORD Almighty. ¹² “Then all the nations will call you blessed, for yours will be a delightful land,” says the LORD Almighty. ¹³ “You have spoken arrogantly against me,” says the LORD. “Yet you ask, ‘What have we said against you?’” ¹⁴ “You have said, ‘It is futile to serve God. What do we gain by carrying out his requirements and going about like mourners before the LORD Almighty?’” ¹⁵ But now we call

July 7

Prayer | *That Pushes Through*

Ephesians 1:17

¹⁷ I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit^[a] of wisdom and revelation, so that you may know him better.

Exodus 17:9-13

⁹ Moses said to Joshua, “Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands.” ¹⁰ So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill. ¹¹ As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. ¹² When Moses’ hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up one on one side, one on the other so that his hands remained steady till sunset. ¹³ So Joshua overcame the Amalekite army with the sword

1 Kings 8:33-61

³³ “When your people Israel have been defeated by an enemy because they have sinned against you, and when they turn back to you and give praise to your name, praying and making supplication to you in this temple, ³⁴ then hear from heaven and forgive the sin of your people Israel and bring them back to the land you gave to their ancestors. ³⁵ “When the heavens are shut up and there is no rain because your people have sinned against you, and when they pray toward this place and give praise to your name and turn from their sin because you have afflicted them, ³⁶ then hear from heaven and forgive the sin of your servants, your people Israel. Teach them the right way to live, and send rain on the land you gave your people for an inheritance. ³⁷ “When famine or plague comes to the land, or blight or mildew, locusts or grasshoppers, or when an enemy besieges them in any of their cities, whatever disaster or disease may come, ³⁸ and when a prayer or plea is made by anyone among your people Israel being aware of the afflictions of their own hearts, and spreading out their hands toward this temple ³⁹ then hear from heaven, your dwelling place. Forgive and act; deal with everyone according to all they do, since you know their hearts (for you alone know every human heart), ⁴⁰ so that they will fear you all the time they live in the land you gave our ancestors. ⁴¹ “As for the foreigner who does not belong to your people Israel but has come from a distant land because of your name ⁴² for they will hear of your great name and your mighty hand and your outstretched arm when they come and pray toward this temple, ⁴³ then hear from heaven, your dwelling place. Do whatever the foreigner asks of you, so that all the peoples of the earth may know your name and fear you, as do your own people Israel, and may know that this house I have built bears your Name. ⁴⁴ “When your people go to war against their enemies, wherever you send them, and when they pray to the LORD toward the city you have chosen and the temple I have built for your Name, ⁴⁵ then hear from heaven their prayer and their plea, and uphold their cause. ⁴⁶ “When they sin against you for there is no one who does not sin—and you become angry with them and give them over to their enemies, who take them captive to their own lands, far away or near; ⁴⁷ and if they have a change of heart in the land where they are held captive, and repent and plead with you in the land of their captors and say, ‘We have sinned, we have done wrong,

we have acted wickedly';⁴⁸ and if they turn back to you with all their heart and soul in the land of their enemies who took them captive, and pray to you toward the land you gave their ancestors, toward the city you have chosen and the temple I have built for your Name;⁴⁹ then from heaven, your dwelling place, hear their prayer and their plea, and uphold their cause.⁵⁰ And forgive your people, who have sinned against you; forgive all the offenses they have committed against you, and cause their captors to show them mercy;⁵¹ for they are your people and your inheritance, whom you brought out of Egypt, out of that iron-smelting furnace.⁵² "May your eyes be open to your servant's plea and to the plea of your people Israel, and may you listen to them whenever they cry out to you.⁵³ For you singled them out from all the nations of the world to be your own inheritance, just as you declared through your servant Moses when you, Sovereign LORD, brought our ancestors out of Egypt."⁵⁴ When Solomon had finished all these prayers and supplications to the LORD, he rose from before the altar of the LORD, where he had been kneeling with his hands spread out toward heaven.⁵⁵ He stood and blessed the whole assembly of Israel in a loud voice, saying:⁵⁶ "Praise be to the LORD, who has given rest to his people Israel just as he promised. Not one word has failed of all the good promises he gave through his servant Moses.⁵⁷ May the LORD our God be with us as he was with our ancestors; may he never leave us nor forsake us.⁵⁸ May he turn our hearts to him, to walk in obedience to him and keep the commands, decrees and laws he gave our ancestors.⁵⁹ And may these words of mine, which I have prayed before the LORD, be near to the LORD our God day and night, that he may uphold the cause of his servant and the cause of his people Israel according to each day's need,⁶⁰ so that all the peoples of the earth may know that the LORD is God and that there is no other.⁶¹ And may your hearts be fully committed to the LORD our God, to live by his decrees and obey his commands, as at this time."

Colossians 1:9-12

⁹ For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives,¹⁰ so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,¹¹ being strengthened with all power according to his glorious might so that you may have great endurance and patience,¹² and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light.

Romans 15:30

³⁰ I urge you, brothers and sisters, by our Lord Jesus Christ and by the love of the Spirit, to join me in my struggle by praying to God for me.

Notes:

July 14

Sanctification | *The Deeper Life*

Genesis 17:1

¹ When Abram was ninety-nine years old, the LORD appeared to him and said, “I am God Almighty; walk before me faithfully and be blameless.

Ephesians 4:22-23

²² You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the attitude of your minds.

Luke 18:1-8

¹ Then Jesus told his disciples a parable to show them that they should always pray and not give up. ² He said: “In a certain town there was a judge who neither feared God nor cared what people thought. ³ And there was a widow in that town who kept coming to him with the plea, ‘Grant me justice against my adversary.’ ⁴ “For some time he refused. But finally he said to himself, ‘Even though I don’t fear God or care what people think, ⁵ yet because this widow keeps bothering me, I will see that she gets justice, so that she won’t eventually come and attack me!’” ⁶ And the Lord said, “Listen to what the unjust judge says. ⁷ And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? ⁸ I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?”

John 17:14-19

¹⁴ I have given them your word and the world has hated them, for they are not of the world any more than I am of the world. ¹⁵ My prayer is not that you take them out of the world but that you protect them from the evil one. ¹⁶ They are not of the world, even as I am not of it. ¹⁷ Sanctify them by the truth; your word is truth. ¹⁸ As you sent me into the world, I have sent them into the world. ¹⁹ For them I sanctify myself, that they too may be truly sanctified.

1 Thessalonians 5:23-24

²³ May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. ²⁴ The one who calls you is faithful, and he will do it.

Notes:
