

SERMON NOTES

June 3, 2018

MARRIAGE & RELATIONSHIPS

Fighting Is...

*"A happy marriage is the union of two good forgivers."
Ruth Bell Graham*

GROUND RULES FOR FIGHTING

James 1:19-21 *My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ because human anger does not produce the righteousness that God desires. ²¹ Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.*

Dr. John Gottman said that after watching a couple fight, he could predict with 91% accuracy if the couple was going to stay together

FIGHTING TO WIN

- ① Stay on _____, not on _____
- ② Open your _____, not your _____
- ③ Give _____, not _____
- ④ Raise _____, not _____

START A CONVERSATION, NOT A FIGHT

* Talk to your spouse _____ about one thing from _____

** Respond to your spouse _____

BUILD A SOLID FOUNDATION

A SOLID FOUNDATION FOR CHRISTIAN COUPLES

① READ THE BIBLE TOGETHER. DO A DEVOTIONAL TOGETHER.

② WORSHIP TOGETHER WEEKLY AT CHURCH AND AT HOME.

③ GET TOGETHER REGULARLY WITH CHRISTIANS FRIEND IN A SMALL GROUP.

④ ASK A COUPLE TO HOLD YOU ACCOUNTABLE TO GROW SPIRITUALLY.

⑤ USE YOUR GIFTS TO SERVE TOGETHER AT CHURCH.

⑥ TEACH YOUR CHILDREN ETERNAL VALUES THAT LEADS THEM TO CHRIST.

⑦ DEVELOP SPIRITUAL TRADITIONS TOGETHER & WITH YOUR CHILDREN.

"...many of Jesus' disciples turned back & no longer followed Him." (John 6:66)

All references taken from The New International Version of the Bible unless noted.