

Jonah: Learning the Hard Way

Jonah 1:17-2:10

- I. RESTRICTION: "in the stomach of the fish" (1:17)**
 - A. Blind Date**: "the LORD appointed a great fish" (v.17a)
 - B. Bumpy Cruise**: "three days and three nights" (v.17b)
- II. REPENTANCE: "Jonah prayed to the LORD" (2:1-9)**
 - A. Submission**: "I cried for help" (vv.1-3)
 - 1. Help Me: "Jonah prayed"
 - 2. Heard Me: "You did hear my voice"
 - B. Suffering**: "I have been expelled" (vv.4-6)
 - 1. Cut-off: "I have been expelled from Your sight"
 - 2. Caught-up: "but You brought up my life"
 - C. Surrender**: "I will sacrifice to You" (vv.7-9)
 - 1. Key Priority: "I remembered the LORD"
 - 2. Kept Promise: "That which I have vowed I will pay"
- III. RELEASE: "the fish...vomited Jonah" (2:10)**
 - A. Specific Plan**: "the LORD commanded the fish" (v.10a)
 - B. Special Delivery**: "vomited...onto the dry land" (v.10b)

Next Week: "Jonah: Marveling at God's Mercy"
Read: Jonah 3:1-10