

***The 7<sup>th</sup> Commandment***

**Exodus 20:14**

**Heidelberg Catechism Lord's Day 41**

**July 20, 2014**

Main Point:

Because you and your brethren are temples of the Holy Spirit, be pure and promote purity in others.

1. God wants you to be outwardly pure.
2. God wants you to be inwardly pure.
3. God wants you to promote purity in others.
4. In order for you and others to be pure, God wants you to actively pursue greater purity in your life.
5. Be pure and promote purity in others because you and your brethren are temples of the Holy Spirit.

**HC 108 Q.** What is God's will for you in the Seventh Commandment?  
A. God condemns all unchastity. We should therefore thoroughly detest it and, married or single, live decent and chaste lives.

**HC 109 Q.** Does God, in this commandment, forbid only such scandalous sins as adultery? A. We are temples of the Holy Spirit, body and soul, and God wants both to be kept clean and holy. That is why He forbids everything which incites unchastity, whether it be actions, looks, talk, thoughts, or desires.

**1 Corinthians 7:1-5** <sup>1</sup> Now concerning the things of which you wrote to me: *It is good for a man not to touch a woman.* <sup>2</sup> Nevertheless, because of sexual immorality, let each man have his own wife, and let each woman have her own husband. <sup>3</sup> Let the husband render to his wife the affection due her, and likewise also the wife to her husband. <sup>4</sup> The wife does not have authority over her own body, but the husband *does*. And likewise the husband does not have authority over his own body, but the wife *does*. <sup>5</sup> Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control. (NKJV)

**Ephesians 5:3** <sup>3</sup> But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for saints. (NKJV)

**Matthew 5:27-28** <sup>27</sup> "You have heard that it was said to those of old, 'You shall not commit adultery.' <sup>28</sup> "But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart. (NKJV)

**Matthew Henry** "If looking be lust, [then] they who dress and deck, and expose themselves, with design to be looked at and lusted after ... are no less guilty."

**1 Timothy 2:9-10a** <sup>9</sup> ... women should adorn themselves in respectable apparel, with modesty and self-control, not with braided hair and gold or pearls or costly attire, <sup>10</sup> but with what is proper for women who profess godliness ... (ESV)

**Matthew 5:29-30** <sup>29</sup> "If your right eye causes you to sin, pluck it out and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. <sup>30</sup> "And if your right hand causes you to sin, cut it off and cast *it* from you; for

it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. (NKJV)

**Mark Ross** "What Jesus is saying is that however great the sacrifice, and however painful the solution, whatever it takes to win the battle against sin in your life, we should spare no effort in it."

**Thomas Watson** "Take heed of idleness. When a man is out of a calling, he is ready to receive any temptation."

**Romans 6:19** <sup>19</sup> I speak in human *terms* because of the weakness of your flesh. For just as you presented your members *as slaves of* uncleanness, and of lawlessness *leading to more* lawlessness, so now present your members *as slaves of* righteousness for holiness. (NKJV)

**Romans 13:13-14** <sup>13</sup> Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. <sup>14</sup> But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts. (NKJV)

**1 Corinthians 6:18-20** <sup>18</sup> Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. <sup>19</sup> Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? <sup>20</sup> For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. (NKJV)

**1 Thessalonians 4:3-8** <sup>3</sup> For this is the will of God, your sanctification: that you should abstain from sexual immorality; <sup>4</sup> that each of you should know how to possess his own vessel in sanctification and honor, <sup>5</sup> not in passion of lust, like the Gentiles who do not know God; <sup>6</sup> that no one should take advantage of and defraud his brother in this matter, because the Lord *is* the avenger of all such, as we also forewarned you and testified. <sup>7</sup> For God did not call us to uncleanness, but in holiness. <sup>8</sup> Therefore he who rejects *this* does not reject man, but God, who has also given us His Holy Spirit. (NKJV)