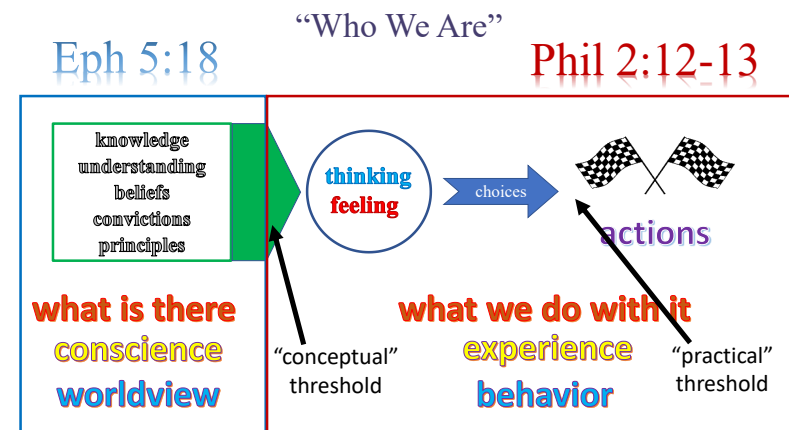


# EVERYDAY CHRISTIAN SPIRITUALITY

- Sometimes we think \_\_\_\_\_.
  - Sometimes we feel incorrectly.
  - The question is often “\_\_\_\_\_ did that thought or feeling come from?”
  - Our sin nature serves up temptation, often in response to the world’s stimuli. We \_\_\_\_\_ that pressure.
  - Our sin nature also suggests evil \_\_\_\_\_, as does the world.
  - **The battlefield in this war is truly the heart.**
- 
- In general, our thinking through God’s Word must take the \_\_\_\_\_ over our feelings.
  - This is because our feelings are \_\_\_\_\_, but God’s revealed instructions are objective.
  - Emotion is not sinful itself, but sin tugs at our feelings and \_\_\_\_\_ us through that avenue.
  - Therefore thinking biblically guards our hearts from the \_\_\_\_\_ to personal sin and foolish choices.
  - The emotional avenue to personal sin is a \_\_\_\_\_ of failing to think first and feel second.
  - If our thinking is the \_\_\_\_\_ and director of the heart, then our feelings must take a responsive role to thinking.
  - When we fail through personal sin, this relationship between thinking and feeling is generally \_\_\_\_\_.
  - It has been called an emotional \_\_\_\_\_ of the soul.

Review: Defeaters to Christian Spirituality

- ⇒ Distraction
- ⇒ Personal Sin
- ⇒ The Sins of \_\_\_\_\_



## Thinking and Doing in the Spiritual Life

- Ephesians 5:18: “...be filled by the Spirit.”
- Colossians 3:16: “Let the Word of Christ richly dwell within you...”
- Psalm 119:9: “How can a young man keep his way pure? By keeping it according to Your word.”
- Psalm 119:11: “Your word I have treasured in my heart, That I may not sin against You.”
- Philippians 2:12-13: “So then, my beloved, just as you have always obeyed, not as in my presence only, but now much more in my absence, work out your salvation with fear and trembling; 13 for it is God who is at work in you, both to will and to work for His good pleasure.

## WHAT IS THERE: YOUR **WORLDVIEW** EQUIPMENT

What is your opinion about \_\_\_\_\_?

- To even have an opinion about anything I must have some prior \_\_\_\_\_ or understanding about it.
- So, our opinion is knowledge-\_\_\_\_\_.
- Therefore the more knowledge we gain about a topic, the greater will be our capacity to have an informed \_\_\_\_\_+.

**The Green Box:**  
“You are what you think”

knowledge  
understanding  
beliefs  
convictions  
principles

**what is there**  
**conscience**  
**worldview**

### **Romans 13:1-2**

**1** Every person is to be in subjection to the governing authorities. For there is no authority except from God, and those which exist are established by God.

**2** Therefore whoever resists authority has opposed the ordinance of God; and they who have opposed will receive condemnation upon themselves.

### **Where does this worldview come from?**

- Most people don't think about it.
- In general, the answer is: **authority**.
- Authority is some **power** that I either respect or fear
- Examples: parents, teachers, coaches, friends

## But what about ultimate authority?

- God, as the Sovereign, Righteous, Loving, Omnipotent, Omniscient Creator is the real authority.
- We fear Him because He is Who He is...
- ...so Prov 1:7: The fear of the Lord is the beginning of knowledge; Fools despise wisdom and instruction.
- Enter the Bible: What is it?
- So how should God's word inform my worldview equipment of knowledge, commitments, convictions, principles, understanding, etc.

## Now for the Hard Part: The Blue Circle

- Thinking about thinking is only a little more fun than thinking about feeling.
- Both our thoughts and our feelings relate to the green box.
- We think-through our \_\_\_\_\_ and reason with them.
- We also have \_\_\_\_\_ to these convictions, but only if we think them through.
- If you get hurt in any way, large or small, what are your responsive feelings to the hurt? •Regret •Sadness •sometimes Anger •sometimes Self-pity
- But if you think about your eternal salvation and the love of God, you can start to have different feelings: •Joy •Contentment Peace

THERE IS NO JOY IN  
SUFFERING WITHOUT  
THINKING