

Introduction

- I. Psalm 40 tells of a man who was in a slimy pit, was bogged down in mud and mire, but was rescued by God.
- II. Is Psalm 40 a Messianic Psalm?

**Delivered from Destruction's Pit**

I. **The Horrible Pit**

- A. David vividly remembers a period in his life that was like being in the pit and miry clay. This is a metaphor for a time of suffering in his life.

B. What is our slimy pit? There are different kinds of pits we experience in our lives.

II. **The Amazing Deliverance**

- A. David compares the deliverance he has experienced from the pit to being brought out of the pit and the miry clay and having his feet set on a rock.

B. Why does God give to us this amazing deliverance? What is the source of this? David experienced God's favor in the way of prayer.

III. **The Resulting Praise**

- A. David confesses that the Lord put a new song in his mouth and this song was a song of praise for what God did.

B. David expresses that God's purpose in this song of praise is that others see it, fear, and trust in the Lord. God uses this for the good of others.