

I. Introduction – This Psalm is about David, Jesus and us.

II. Rejoice with me in God’s deliverance. v. 1-10

A. Come magnify the Lord with me. v. 1-3

1. Praise is continual, God-centered and corporate. v. 1-2 Phil. 4:4f 1Th. 5:18
Ro. 8:28,37 1 Co. 1:30-31 Jer. 9:23f
2. David invites others to join in. v. 2b-3 30:1 107:32 99:5 37:11 1 Co. 1:18ff Mt. 5:5
2 Co. 11:30 1 Sam. 22:2
3. Is our worship continuous, God-centered, thankful and corporate? 50:14f Heb. 13:15

B. Hear my testimony of God’s deliverance. v. 4-7

1. David was (yet again) in a fearful (terrifying) situation. v. 4b,6 31:13
2. He sought the LORD. v. 4,6 Ps. 119:67,71
3. The LORD answered him with deliverance. v. 4, 6 1 Sam. 17:37 26:24
4. All those who looked to the Lord are blessed – radiant. v. 5 25:1-3 Ex. 34:29 Is. 60:3,5
5. In what sense does the angel of the LORD encamp around those who fear him? v. 7
35:5-6 103:21 Ex. 23:20ff 14:19 2 Ki. 6:15ff Mt. 4:11 18:10 Luke 22:43 Heb. 1:14
6. Are you among the blessed ones who fear the LORD? v. 7a,9 Prov. 1:7 29:25

C. Taste and see that the LORD is good. v. 8-10

1. What does it mean to taste of the LORD’s goodness? v. 8 25:8 1 Pe. 2:1-3 Mt. 11:28ff
John 6:1-14,48ff 1 Sam. 14:29 Isa. 55:1f Pr. 9:1ff Heb. 6:4 Deut. 8:3 1 Co. 5:7
2. Blessed is the man who takes refuge in Him. 34:22 1:1 2:12 Ruth 2:12 2 Sa. 22:3,31
3. How in practical terms can you taste of the LORD’s goodness/kindness. 1 Pe. 2:2-3
4. Those (saints) who fear the LORD lack nothing. v. 9-10 23:1 84:11 Mt. 6:33 Is. 49:15
Prov. 9:1ff Isa. 49:15
5. Do you appreciate how secure you are as a saint who fears God? John 10:27ff
Phil. 1:6 Rom. 8:35f
6. How could the promise that the saints will lack nothing be misunderstood? v. 19

D. Follow David’s example by crying out to God for deliverance from your troubles.

III. Learn from me. v. 11-22

A. I will teach you the fear of the Lord. v. 11-14 51:13 Pr. 1:7 4:1 9:10 1 Pe. 3:10-11

1. David becomes our teacher. v. 11a Pr. 1:8 5:7 7:24
2. What is “the fear of the LORD”? v. 11 33:16ff
3. The fear of the Lord is expressed through godly words and works. v. 13-14 140:11
1 Pet. 3:10ff Prov. 11:9 12:20,22 Luke 6:45
 - a. Watch your tongue. Js. 3:1ff Ps. 15:3-4 24:4 36:3 52:2-4 Eph. 4:25 Luke 6:45
Prov. 12:22 16:21 10:21,31-32
 - b. Repent of doing evil and instead do good. v. 14a 37:3,27 Eph. 2:10 2 Tim. 2:22
 - c. Pursue peace (and holiness). v. 14b Heb. 12:14 Ro. 12:18 Mt. 5:9 1 Sa. 30:8,10
Phil. 4:5 2:3-4 Gal. 5:22-23
4. Those who fear the LORD enjoy the best life both now and later. v. 12
5. How do we reconcile the psalmist’s declaration that God delivers those with righteous words and works with the Pauline teaching that we are justified solely by faith? Eph. 2:10 1 Jo. 2:3ff Js. 2:14ff
6. In what sense does God promise long life to the righteous? Pr. 3:2,16 4:10 11:27 12:13
Ex. 20:12 Deut. 5:16 John 10:10 17:3 3:36

- B. The LORD is attentive to the cries of His people. v. 15-18
 - 1. The righteous are delivered. v. 15,17-18 2 Sam. 22:3-4
 - 2. What is the connection between the righteous and those who are brokenhearted and crushed in spirit? v. 17-18 Js. 4:6 Mt. 5:4-6 1 Co. 1:26ff 1 Pe. 5:6-7,10 Isa. 57:15
 - 3. The LORD is opposed to those who do evil. v. 16 Js. 4:6 Ps. 109:15

- C. Summary: The Lord delivers His people through all their troubles. v. 19-22
 - 1. The Psalmists realism is striking – “Many are the afflictions of the righteous.” v. 19a John 15:20 Acts 14:22 1 Pet. 4:12ff
 - 2. The LORD delivers us from every single one of our trials. v. 19b Ps. 23:4 2 Co. 12:8
 - 3. How is the promise that our bones will not be broken fulfilled? v. 20 John 19:36
 - 4. Part of the deliverance of the righteous will be the punishment of the wicked. v. 21 Psalm 1:4-6 Rev. 6:10 2 Thess. 1:6ff
 - 5. We walk by faith, not sight. 2 Co. 5:7

IV. Conclusion.

- A. Jesus is the perfectly righteous One. Ps. 22:8 Mt. 26:39ff 27:43,46 4:11 Luke 22:43 Is. 53:11 Acts 3:14 22:14 Jer. 23:5 Zech. 9:9 John 19:36 6:48ff 1 Thess. 1:10 Rom. 1:4
 - 1. He suffered. He cried out to God.. He was strengthened by angels. God delivered Him
 - 2. He is the Bread of Life through Whom we taste of the Lord’s goodness. John 6:48ff

- B. Through Christ we experience the abundant life. v. 10b,12 Jo. 10:10

Discussion questions

1. How do the circumstances in David’s life help us to better understand this Psalm?
2. What does this Psalm teach us about corporate worship?
3. What are the characteristics of those whose cries the LORD hears?
4. What kind of life should the believer expect according to this Psalm?
5. How does this Psalm point to Christ?
6. What is the central message of the Psalm?
7. How, in practical terms, can one ‘taste and see that the LORD is good’?
8. What blessing, if any, should the righteous expect in this life? v. 12
9. What does this Psalm say about the fate of the wicked?
10. In what sense is this Psalm about:
 - a. David?
 - b. Us?
 - c. Jesus?