

I'm Tired: 5 Ways to Move from I'm Tired to I'm Turning the Corner...

I Kings 19:1-18

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Since every Christian at some point or another has wanted to give up, quit or has felt tired and exhausted observing Elijah's mistakes and guarding against making the same ones will help you fight off tiredness and emptiness in your walk with God.

5 Ways to Move from I'm tired to I'm turning the corner

1. Remember God's Promises. (19:1-3)

- A. Elijah Forgot
- B. Elijah Feared

2. Remove self-centered thinking. (19:4)

Look what Elijah said in his tiredness:

- A. I have had enough
- B. Take my life
- C. I am no better than my ancestors

3. Return to Dependence on God. (19:5-9)

Two Key Phrases occur in this text:

- 1. Get up and eat....
- 2. The Journey is too much for you....

4. Resist thinking you are alone. (19:10-18)

5. Resolve to discern between responsibilities and concerns.

Application:

- I am too tired to.....
- Because I am tired I will.....
- I am tired of.....