

**INTRODUCTION:**

**1. PAUL EXHORTS THE EPHESIANS NOT TO GRIEVE THE HOLY SPIRIT OF GOD (4:30a).**

- a. Not grieving the Spirit is the heart and soul of sanctification.
- b. Not grieving the Spirit is the heart of this passage.
- c. Who is the Holy Spirit?
  - (1) The Holy Spirit is not *flesh and bones*.
  - (2) The Holy Spirit is a *person*.
  - (3) The Holy Spirit is *true deity*.

**2. WHAT DOES IT MEAN TO GRIEVE THE SPIRIT?**

**a. How is it possible to grieve the Spirit?**

**(1) Why ask that question? The *Enlightenment***

**(2) Impassibility comes from God's immutability.**

**b. Because God is immutable, He is not moved by passions.**

**c. How should we think about this then?**

**CONCLUSION:**