

How To Conquer Moods (Part 2)

(How To Recover From A Troubled Soul)



When men are cast down, then thou shalt say,
There is lifting up; and he shall save the humble
person.

He shall deliver the island of the innocent: and
it is delivered by the pureness of thine hands.
(Job 22:29-30)

Return unto thy rest, O my soul; for the LORD
hath dealt bountifully with thee.
For thou hast delivered my soul from death,
mine eyes from tears, and my feet from falling.
(Psalm 116:7-8)

Take my yoke upon you, and learn of me; for I
am meek and lowly in heart: and ye shall find
rest unto your souls.

For my yoke is easy, and my burden is light.
(Matthew 11:29-30)

Thus saith the LORD, Stand ye in the ways,
and see, and ask for the old paths, where is
the good way, and walk therein, and ye shall
find rest for your souls. But they said, We will
not walk therein. (Jeremiah 6:16)

And my soul shall be joyful in the LORD: it
shall rejoice in his salvation.
(Psalm 35:9)

I will greatly rejoice in the LORD, my soul shall
be joyful in my God; for he hath clothed me
with the garments of salvation, he hath cover-
ed me with the robe of righteousness, as a
bridegroom decketh himself with ornaments,
and as a bride adorneth herself with her jew-
els. (Isaiah 61:10)

My soul shall be satisfied as with marrow and
fatness; and my mouth shall praise thee with
joyful lips: (Psalm 63:5)

The Proper Condition Of The Soul

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Unto him that loved us, and washed us from our sins in his own blood, and hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen. (Revelations 1:5-6)

For he satisfieth the longing soul, and filleth the hungry soul with goodness. (Psalm 107:9)

And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not. (Isaiah 58:11)

Praise ye the LORD. Praise the LORD, O my soul.

While I live will I praise the LORD: I will sing praises unto my God while I have any being. (Psalm 146:1-2)

Bless the LORD, O my soul: and all that is within me, bless his holy name.

Bless the LORD, O my soul, and forget not all his benefits: (Psalm 103:1-2)

For my soul is full of troubles: (Psalm 88:3)

I looked on my right hand, and beheld, but there was no man that would know me: refuge failed me; no man cared for my soul. (Psalm 142:4)

...my soul shall weep in secret places... (Jeremiah 13:17)

For the enemy hath persecuted my soul; he hath smitten my life down to the ground; he hath made me to dwell in darkness, as those that have been long dead.

Therefore is my spirit overwhelmed within me; my heart within me is desolate. (Psalm 143:3-4)

For without cause have they hid for me their net in a pit, which without cause they have digged for my soul. (Psalm 35:7)

They gather themselves together, they hide themselves, they mark my steps, when they wait for my soul. (Psalm 56:6)

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How The Soul Is Troubled

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For, lo, they lie in wait for my soul: the mighty are gathered against me; not for my transgression, nor for my sin, O LORD.

They run and prepare themselves without my fault: awake to help me, and behold. (Psalm 59:3-4)

For mine enemies speak against me; and they that lay wait for my soul take counsel together,

Saying, God hath forsaken him: persecute and take him; for there is none to deliver him. (Psalm 71:10-11)

Woe is me now! for my soul is wearied because of murderers. (Jeremiah 4:31)

My soul melteth for heaviness: (Psalm 119:28)

My soul is among lions: and I lie even among them that are set on fire, even the sons of men, whose teeth are spears and arrows, and their tongue a sharp sword. (Psalm 57:4)

Save me, O God; for the waters are come in unto my soul.

I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me. (Psalm 69:1-2)

They rewarded me evil for good to the spoiling of my soul. (Psalm 35:12)

Receiving the end of your faith, even the salvation of your souls. (1 Peter 1:9)

Our soul is escaped as a bird out of the snare of the fowlers: the snare is broken, and we are escaped. Our help is in the name of the LORD, who made heaven and earth. (Psalm 124:7-8)

O God, thou art my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

To see thy power and thy glory, so as I have seen thee in the sanctuary. (Psalm 63:1-2)

For he satisfieth the longing soul, and filleth the hungry soul with goodness. (Psalm 107:9)

As the hart panteth after the water brooks, so panteth my soul after thee, O God.

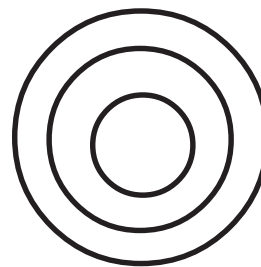
My soul thirsteth for God, for the living God: (Psalm 42:1-2)

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How To Recover From A Troubled Soul

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My soul longeth, yea, even fainteth for the courts of the LORD: my heart and my flesh crieth out for the living God.

Yea, the sparrow hath found an house, and the swallow a nest for herself, where she may lay her young, even thine altars, O LORD of hosts, my King, and my God.

Blessed are they that dwell in thy house: they will be still praising thee. Selah. (Psalm 84:2-4)

My soul breaketh for the longing that it hath unto thy judgments at all times. (Psalm 119:20)

I opened my mouth, and panted: for I longed for thy commandments. (Psalm 119:131) (Psalm 119:81) (Psalm 119:109) (Psalm 119:129-131) (Psalm 119:167) (Psalm 130:5-6)

Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee. (Psalm 143:8)

(Psalm 141:8-9) (Psalm 86:4-5)

For ye were as sheep going astray; but are now returned unto the Shepherd and Bishop of your souls. (1 Peter 2:25)

Wherefore lay apart all filthiness and superfluity of naughtiness, and receive with meekness the engrafted word, which is able to save your souls. (James 1:21)

Seeing ye have purified your souls in obeying the truth through the Spirit unto unfeigned love of the brethren, see that ye love one another with a pure heart fervently: (1 Peter 1:22)

In the day when I cried thou answeredst me, and strengthenedst me with strength in my soul. (Psalm 138:3)

Wherefore let them that suffer according to the will of God commit the keeping of their souls to him in well doing, as unto a faithful Creator. (1 Peter 4:19)

For strangers are risen up against me, and oppressors seek after my soul: they have not set God before them. Selah.

Behold, God is mine helper: the Lord is with them that uphold my soul. (Psalm 54:3-4), Job 16:1,4-5)

In the LORD put I my trust: how say ye to my soul, Flee as a bird to your mountain? (Psalm 11:1)

He restoreth my soul. (Psalm 23:3)

Behold, for peace I had great bitterness: but thou hast in love to my soul delivered it from the pit of corruption: for thou hast cast all my sins behind thy (Isaiah 38:17)

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