

Psalm 62:1-12

Introduction

In the midst of all that is going on around us at the present time, where is your hope? Whilst you scale the cliffs of this life, who would you chose to hold the rope? Can you trust that when needed, your support will not give way? David addresses such questions as these in Psalm 62.

Summary

In Psalm 62, midst all the challenges of life, David rejoices that his hope is set on God who never fails.

1. Exclusive Trust vv. 1-4

David is beset again by violent and unscrupulous men who seek to destroy him (**Psalm 62:3-4**).

He sometimes responded to such enemies with a long denunciation and at other times with a cry to God for help.

Here, the focus is on David's confidence in the Lord (**Psalm 62:2**), the key to which is found in the words "only" or "alone", which occur six times (**vv. 1, 2, 4, 5, 6, 9**).

David is delivered from fear because he is trusting only in God, and in God he finds a sufficient refuge.

This is something Christians today need to learn.

We trust God to some extent, but we need to trust God ONLY/ALONE.

2. Constant Trust vv. 5-8

In vv. 5-6, David repeats the theme of vv. 1-2, exhorting his soul to wait on God alone. David intends to overcome his obstacles by relying exclusively on the Lord.

The repetition of David's appeal to his soul "O my soul, wait in silence"

(Ps. 61:5; cf. v. 1)-reminds us that we have to persevere in the pilgrim way.

If David did not automatically achieve peace of mind but needed to address the state of his heart, then we will need to do the same.

David, then, expands on the theme of the opening lines (**Psalm 62:7**).

His resolve shows what a difference it makes when a believer fixes his hope of salvation on God alone.

David finished this section of the psalm by bearing testimony to the people of God, exhorting them not only to trust in God alone but also to trust in God always (**62:8**).

Psalm 62:1-12 Outline

The proof of our trust is seen in the frequency and fervor of our prayers (62:8).

3. Abandoned Alternative vv. 9-12a

David exhorts his readers to trust God instead of man (Psalm 62:9-10).

Here, David considers man in two extremes: the low and the high.

When they are weighted "in the balances," they both "go up; they are together lighter than a breath" (Psalm 62:9).

David's true contrast is not between man and our needs, but between man and God. The Bible teaches us to lift up our estimate of God whilst humbling ourselves in our attitude toward man.

If it is true that man at his best is not able to save us, it is even more true that man at his sinful worst should be rejected (Psalm 62:10).

Instead of trusting man and tolerating sin, David turns his gaze again to God: Psalm (62:11-12).

Do we need salvation, deliverance, strength, and help?

God is both able and willing to save all who call on him (Psalm 62:11-12a).

4. Never Shaken vs. 12b

David concludes "For you will render to a man according to his work" (Ps. 62:12b).

Although there are loose ends and lingering troubles in David's experience, he knows that God is going to bring all things to account in the final judgment.

Here we find a final reason to trust in God only and always, not relying on man.

We commit ourselves to God because his judgment awaits everyone in the end.

As believers who trust in God and are aware of his coming judgment, we place our hope of salvation not in the slippery sand of this world but on Jesus Christ, the firm rock.

In the storms of this present life, let us wait on God only and being forewarned of his judgment, let us refuge in the saving fortress of Jesus Christ.