

TEXT: Proverbs 18:10, Psalm 142:1-7

TITLE: "A Cave and a Tower"

Have you ever felt like you were in a cave?

1. When L_____ is Like Being in a C_____ ...

- A. We have a Complaint—Psalm 142:2a**
- B. We have Trouble—Psalm 142:2b**
- C. We are Overwhelmed—Psalm 142:3a**
- D. We feel Trapped—Psalm 142:3b**
- E. We feel No One Cares—Psalm 142:4**
- F. We are Brought Low—Psalm 142:6a**
- G. We are Persecuted and Overpowered—Psalm 142:6b**
- H. Our Cave is Like a Prison—Psalm 142:7a**

2. Then, We R_____ to the T_____!
→ Proverbs 18:10

A. THE N _____ OF THE LORD

→ The Name stands here for His whole being

→ Great Power is in God's Names:

- * Elohim—"God" (Genesis 1:1)
- * Adonai—"Lord" (Joshua 3:13)
- * Yahweh/Jehovah—"LORD" (Isaiah 42:8)
- * El Shaddai—"the Almighty God" (Genesis 17:1)
- * El Qodash—"God, the Holy One" (Joshua 24:19)
- * El Roi—"the God who sees" (Genesis 16:13)
- * Yahweh/Jehovah Sabaoth—"The LORD of Hosts (armies)"

(1 Samuel 17:45)

- * Yahweh/Jehovah Jireh—"the LORD who Provides" (Genesis 22:14)
- * Yahweh/Jehovah Rapha—"the LORD who Heals" (Exodus 15:26)
- * Yahweh/Jehovah Nissi—"the LORD, my Banner" (Exodus 17:15)
- * Yahweh/Jehovah Rohi—"the LORD, my Shepherd" (Psalm 23:1)
- * Yahweh/Jehovah Tsidkenu—"the LORD our Righteousness" (Jeremiah 23:6)
- * Yahweh/Jehovah Shalom—"the LORD is Peace" (Judges 6:24)
- * Yahweh/Jehovah Shammah—"the LORD is there" (Ezekiel 48:35)

(Even more names are in Practical Christian Theology, by Floyd H. Barackman)

B. A S _____ T _____

C. THE R _____

D. R _____ INTO IT

E. AND IS S _____

***Look at what David did in his cave:

He prayed!—142: caption

He cried to the Lord—142:1,

He claimed refuge in the Lord—142:5

He requested deliverance to PRAISE THE LORD'S

NAME—142:7a, b

He came to confidence—142:7c, d

APPLICATION:

→ When Life is Like Being in a Cave ...
Then, We Run to the Tower!