



## Psalm 144

1 A Psalm of David. Blessed be the LORD my strength, which teacheth my hands to war, and my fingers to fight: 2 My goodness, and my fortress; my high tower, and my deliverer; my shield, and he in whom I trust; who subdueth my people under me.

3 LORD, what is man, that thou takest knowledge of him! or the son of man, that thou makest account of him! 4 Man is like to vanity: his days are as a shadow that passeth away.

5 Bow thy heavens, O LORD, and come down: touch the mountains, and they shall smoke. 6 Cast forth lightning, and scatter them: shoot out thine arrows, and destroy them. 7 Send thine hand from above; rid me, and deliver me out of great waters, from the hand of strange children; 8 Whose mouth speaketh vanity, and their right hand is a right hand of falsehood.

9 I will sing a new song unto thee, O God: upon a psaltery and an instrument of ten strings will I sing praises unto thee. 10 It is he that giveth salvation unto kings: who delivereth David his servant from the hurtful sword.

11 Rid me, and deliver me from the hand of strange children, whose mouth speaketh vanity, and their right hand is a right hand of falsehood:

12 That our sons may be as plants grown up in their youth; that our daughters may be as corner stones, polished after the similitude of a palace: 13 That our garners may be full, affording all manner of store: that our sheep may bring forth thousands and ten thousands in our streets: 14 That our oxen may be strong to labour; that there be no breaking in, nor going out; that there be no complaining in our streets. 15 Happy is that people, that is in such a case: yea, happy is that people, whose God is the LORD.

### Introduction:

1. "A Psalm of David" – Inspired heading indicating that David composed this Psalm. He is the sweet psalmist of Israel (2 Sam. 23:1).
2. A Psalm for personal help and National blessings.

### Outline:

- A. Hymn of Praise (vv.1-2)
  - B. Man's Need (vv.3-4)
  - C. A Prayer for God's Involvement (vv.5-8)
- A.' Hymn of Praise (vv.9-10)
  - B.' David's Need (v.11)
  - C.' A Prayer for National Blessings (vv.12-15)

### Observations:

1. David blesses God for His mercy to him in his wars and government. Perhaps Saul had died, but now as king he suffers various enemies both within and without (The Philistines, etc.).
2. David confesses that man is nothing (v.3).
3. David prays to God for deliverance from His enemies.
4. David promises to praise God.
5. A Nation whose God is the LORD is a blessed nation.

Lesson: Make the LORD God of the Bible, your God and His blessings will follow.