

Philippians 4:4-7

The Peacefulness of Prayer

Rejoice ...

I. The Lord is Near

- A. Transcendent
- B. Imminent
- C. Accessible

II. Come to Him

- A. Through Christ
- B. In Prayer
- C. With Thanks

III. And Know Peace

- A. Anxieties Put to Rest
- B. Souls Guarded
- C. Faith Strengthened

... again, I say rejoice!

Children, Listen ...

1. Why is the fact that God is near a comfort to His people?
2. How is it possible that sinners like us can be happy in the presence of God?
3. Can we be sure that God hears us when we pray?
4. What can you thank God for in prayer today?
5. Is anything troubling your heart today? Something you are worried about? If so, tell God about them and He will help you through?

A Place of Peace

I have not yet met a person who enjoys having turmoil in their soul. Sadly, due to our fall into sin along with our first parents, our souls are agitated by nature. The greatest aggravation mankind faces is broken communion with God his Creator. Mankind is in open rebellion against the very One Who made them! Only surrender to Him through faith in Christ and the life transforming power of the Spirit can bring peace to a soul that is actively at war with God. Believers have repented from defiance and therefore know that peace the Jesus provides and find deep satisfaction in it. But life still contains many things that can make us anxious (you can fill in the blanks I'm sure). Yet God has reminded us in His Word in many ways and often quite directly that we must not give ourselves over to worry and fear, but that we are to trust in Him. Grasping the sovereignty of God and His intimate care for His children will provide for us a healthy state of mind. One of the primary ways we are to nurture our confidence in God's care is through prayer – open communication and communion with the living Lord. If you have cast the burden of your sins on Jesus, you are free to bring the burdens of life to the throne of grace in prayer. Go to Him with your cares daily and He will provide peace for you no matter what the day may bring.