

## Fit For the Fight

Ephesians 6:1-4

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Three basic reasons that parent child relationships are an easy target for Satan

- **Sin**
  - **Satanic** world system
  - **Systemic** humanistic philosophy
1. How we must fight - Remember the foundation for all of this is **Eph 5:21**  
*submitting to one another in the fear of God.*
    - a. The Submission of Children (6: 1-3)- Obedience.
      - i. There is a rule – **It pleases God**
      - ii. There is a reason – **It is right**
      - iii. There is a reward – **It is recognized**
        1. Pr 1:8; Pr 23:22; 1 Tim 5:4; Dt 27:16; [Lk 2:51](#)
        2. What is the reward?
          - a. **Quality** of life – more **fulfilling**
          - b. Quantity of life – more **time**
    - b. The submission of Parents. (verse 4)
      - i. The negative command – **do not provoke them**
        1. Rejection of Change standards.
        2. Over control
        3. Under control
        4. Comparisons and favoritism
        5. Inconsistency
      - ii. The positive command – **Rear them up!**
        1. Parents be **active**.
        2. Parents be **attentive**
        3. Parents be **admonished**
  2. How we are fit to fight!
    - a. Ephesians 1:13-14 – We are **indwelled** by God's Spirit.
    - b. Ephesians 1:17-20 We are **instructed** by God's Spirit
    - c. Ephesians 3:14-20 We are **empowered** by God's Spirit.
    - d. Ephesians 5:18 So be **enabled** By God's Spirit!

Where are you looking for help? Are you fit for the fight?

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