

## “THE SPIRIT HELPS US PRAY”

TELL ME ABOUT THE HOLY SPIRIT SERIES, #14

### ROMANS 8:26

#### INTRODUCTION —

#### A. OUR WEAKNESSES

1. IN GENERAL
2. IN PRAYER

#### B. OUR HELPER

1. THE SPECIAL HELP OF THE SPIRIT
2. THE SPIRIT PRAYS FOR US & WITH US
3. CHRISTIANS ARE TO PRAY “IN THE SPIRIT”

#### C. THE SPIRIT'S PRAYER HELPS

1. HE STIRS OUR HEARTS TOWARD PRAYER
2. HE REVEALS WHAT WE SHOULD PRAY FOR
3. HE SHOWS SAINTS THE GREAT SUPPLIES OF GRACE
4. HE POINTS OUR PRAYERS IN THE RIGHT DIRECTION  
(TO THE FATHER, AND TO THEIR ULTIMATE END)

#### APPLICATIONS

- DO NOT LET PERPLEXITIES KEEP YOU FROM PRAYING
- DO NOT NEGLECT TO PRAY WHILE WAITING ON THE SPIRIT
- DO NOT MISREAD YOUR POOR WORDS AS A LACK OF SPIRIT

✎ AMEN ✎

#### AWP:

*If left to himself, the believer would never see (by faith) the all-wise hand of God in his afflictions, still less would his heart ever honestly say concerning them, THY WILL BE DONE. If left to himself, he would never seek grace to patiently endure the trial, still less would he hope that afterwards, it would produce the peaceable fruit of righteousness. If left to himself, he would continue to chafe and kick like “an ox unaccustomed to the yoke”, and would curse the day of his birth. If left to himself, he would have no faith that his sufferings were among the “all things” working together for his ultimate good, still less would he “glory in his infirmity that the power of Christ might rest upon him.” Such holy exercises of heart are NOT the product of poor fallen human nature; instead, they are nothing less than the immediate, gracious, and lovely fruits of the Holy Spirit — brought forth amid such uncongenial soil. What a marvel!*

“Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words.” Romans 8:26