INTRODUCTION: $\underline{\text { A PIT OF DESPAIR! (Ps.142; see 1Sam.22) }}$

EXPLANATION: POOR DAVID! (Psalm 142:1-7; see Lam.3:22-24)
TITLE (see Ps.57; 102)

1. Maskil: wisdom in poetic form with music to understand and remember
2. of David: by him, for him and/or in his honor (i.e., Messianic; see Lk.24:44)
3. in the cave: Adullam (1Sam.22:1f; see Lk.23:53f)
4. a Prayer: an earnest cry for help (see 1 Kngs.8:28; Is.56:7)
A. MY PLEA (1-3a; see Kidner outline)
5. my voice: personal (1)
6. unto the Lord: covenantal (1; see Ex.6:7; Ps.22:1)
cry: desperate for help (1,6; note: repetitions; see Mk.10:46f)
7. complaint (2) supplication: petition for grace ( 1 ; see 2Sam.2:27; Heb.4:16)
8. trouble (2) declare, report, explain (2)
9. my spirit (3a) wind knocked out (3; see 143:4)
10. You yourself (3a) knew (3a; see Mt.6:32)

## B. MY PLIGHT (3b,4)

1. hidden: trap set against him (3b; see 140:5)
2. seen: no one at the right for him (4; right, see 109:31; 16:8; 110:5; 121:5)
a. no one even notices $(-+)$
b. wrecked escape (+ -)
a. no one cares for me as a person $(-+)$
C. MY PORTION $(5,6 a)$
3. cry: desperate for help ( 5,1 ; note: repetitions)
4. declaration: true hope (6; Lord, see 2a, 2b)
a. You yourself (6a; see 4)
b. my refuge (6b; see 4b)
c. my portion in land of living (6b; 27:13; 116:9; see Num.18:20; see Ps.73:26)
D. MY PROSPECT (6b,7a)
5. pay close attention (6a; contra 4a)
6. my ringing cry, shout ( 6 a ; see 1,5 )

3 . very weak vs. very strong ( 6 b ; see 3,4 ; see Mt.26:38)
4. rescue, pull out, extricate ( 6 b ; see 3 b , title)
5. bring out from dungeon (7a; see Jn.11:43f; 20:1f; Rom.6:4)
E. MY PURPOSE (7b)

1. to praise His Name in testimony to His deliverance (6,7; see 66:16; Mk.5:19)
2. in the congregation of the righteous ( 7 ; see 116:14,18; Heb.10:25f)
3. because You are finishing me (7, ripen; see Col.3:10; Phil.3:12; 2Cor.4:16)
F. SUMMARY: FAITH (1-4) JOINED BY HOPE (5,6) LEADING TO LOVE (7)

CONCLUSION: POOR YOU! (Ps.142; 2Sam.22:1f; see Rom.6:1f; 8:17; 1Pt.4:12f)
A. PRAISE GOD BECAUSE HE HEARD \& ANSWERED JESUS (Ps.142; 22:1f\&21f; Heb.5:7; Jn.20:1f)
B. PRAISE GOD BECAUSE HE HEARD $\mathcal{A}$ ANSWERED DA VID IN JESUS (7; see 2Sam.22:1f; Ps.110:1)
C. PRAY \& PRAISE GOD BECAUSE HE HEARS \& ANSWERS YOU IN JESUS (Heb.4:14-16/Ps.142; Lam.3:22-24)

