

## COMMUNICATION STRUGGLES WITHIN YOUR MARRIAGE

\* Communication – What is it?

### I. CORRUPT AND GOOD COMMUNICATION

*“Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.” Ephesians 4:29*

#### A. God Commands that NO CORRUPT COMMUNICATION Proceed from Your Mouth

1. \_\_\_\_\_ Corrupt Communication Proceed from Your Mouth. (4:29a)
  
2. Corrupt Communication Originates in your \_\_\_\_\_ and \_\_\_\_\_. (Matt. 15:10-20; Col. 3:5-13; James 3:8)
  
3. Corrupt Communication comes from Your Tongue. (James 3:1-12)
  - a. Mature Christians know how to \_\_\_\_\_. (3:1-2)
  
  - b. Your Tongue is likened to “bits in horses’ mouth”, to “small rudder” of a ship, and “little fire”.  
The tongue can \_\_\_\_\_ the entire body. (3:3-6)
  
  - c. You cannot \_\_\_\_\_. (3:7-8)
  
  - d. Your tongue both \_\_\_\_\_ and \_\_\_\_\_. (3:9-12)
    - What will really help you to be a better communicator?
  
4. Corrupt Words come in various forms.
  - a. \_\_\_\_\_ toward Man. (James 3:9)
  
  - b. \_\_\_\_\_ toward God. (Num. 11:1, 5; Phil. 2:14-16; Jude 16)
  
  - c. Critical Judging. (1Sam. 17:28 – Eliab to David; 1Cor. 4:1-4)

- d. Reviling. (1Pet. 3:8)
- e. Clamor and evil speaking. (Ps. 64:3-4; Prov. 10:19; Eph. 4:31)
- f. Lying to others. (Prov. 6:17; Eph. 5:25)
- g. False Teaching / Deceiving Words. (Acts 20:30; 2Cor. 11:4; Col. 2:5; 1Tim. 4:1-3)
- h. Sow Discord / Strife / Gossip (Prov. 6:19; 18:8; 26:20, 22; 1Tim. 5:13)
- i. False flattering from an immoral woman / false teacher. (Prov. 2:16, 5:3-4, 6:24, 7:5, 9:16-18; Jude 16)

**B. God Commands that Only GOOD COMMUNICATION Proceed from Your Mouth. (4:29b)**

1. Good words result in the \_\_\_\_\_ of the listener.
2. Good words impart \_\_\_\_\_ to the listener. (Col. 4:6)
  - a. Good words include God's truth to us. (Ps. 119; Jer. 15:16; John 8:30-32)
  - b. Good words include "speaking the truth." (Prov. 16:13; Eph. 4:15, 25)
  - c. Good words include teaching and preaching the Word. (1Tim. 4:6, 11; 2Tim. 4:2)
  - d. Good words include words of kindness and comfort. (2Cor. 1:2-3; 1Thess. 4:18)
  - e. Good words include "psalms and hymns and spiritual songs". (Col. 3:16)
  - f. Good words include thanksgiving to God and Man. (Eph. 5:20; Col. 2:7; 1Thess. 5:18)
  - g. Good words include admonishing and warning. (1Thess. 5:12, 14; 2Thess. 3:15)
    - What is flowing from your mouth toward your spouse?