

Recipe for fighting sorrow  
Nehemiah 8-9-12

Nehemiah 8:1-12 speaks of a day in the life of the people of God. The first part of the day was dedicated to the reading and explaining the Law of God. Everyone was there – men, women and children from 6am to noon. Now, the people are weeping over their sin. The law revealed sin and they are broken over the ways they have disobeyed the Lord. What to do? The leaders rise up and give directions to the people. It is a recipe for fighting their sorrows.

I. The leaders respond to the sorrows of the people, v9-11

Five commands are delivered, v9-11

The reasons for the commands are given

II. The people understood and they changed, v12

## **Words for Kids to Listen for**

Joyful church

Recipe for fighting sorrow

This day *is* holy

Do not mourn nor weep

Eat the fat, drink the sweet

Send portions

The joy of the LORD is your strength.”

Be still

They understood the words

No condemnation

Justified by faith we have peace with God

That we might become the righteousness of God

Rejoice in the Lord

Be glad in the Lord

Make a joyful shout to God