

Socially: Dignified

Likewise urge the young men to be sensible; in all things show yourself to be an example of good deeds, with purity in doctrine, dignified, sound in speech which is beyond reproach, so that the opponent will be put to shame, having nothing bad to say about us. Titus 2:6-8

1. The tests for _____

- The Negative Test

If you are dignified then you are not....

- touchy
- goofy
- petty
- defensive
- bitter
- provoked easily
- an arguer
- one to bears grudges
- one who is unapproachable
- aloof
- arrogant
- stale
- dry
- prudish

- The Positive Test

If you are dignified then you, as a pattern of your life

- command respect
- earn the right to be heard
- know what you say
- exercise simplicity
- are courteous
- serious
- responsible
- humble
- noble
- followed, as a pattern

- The Definition Test
 - The quality or state of being worthy, honored, or esteemed.
 - A quality that when exercised, _____ you as one who is no longer a child but as one who is a mature Christian.
 - It is the man or woman who has learned how to _____ on earth even though he or she is a citizen of heaven
 - It is the man who is _____ dependent upon Christ
 - A quality that is a blend of humility, courtesy, seriousness, and respectfulness

- The Circumstance Test

2. The type for dignity

Older men are to be temperate, dignified, sensible, sound in faith, in love, in perseverance. Titus 2:2

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things. Philippians 4:8

3. The transmitter for dignity

- a. The _____
- b. The _____
- c. The _____

Therefore, we are ambassadors for Christ, as though God were making an appeal through us; we beg you on behalf of Christ, be reconciled to God. 2 Corinthians 5:20

Slow me down, Lord

Ease the pounding of my heart by the quieting of my mind.

Steady my hurried pace with a vision of the eternal reach of time. Give me, amid the confusion of the day, the calmness of the everlasting hills.

Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory.

Teach me the art of taking minute vacations - of slowing down to look at a flower, to chat with a friend, to pat a dog, to smile at a child, to read a few lines from a good book.

Slow me down, Lord, and inspire me to send my roots deep into the soil of life's enduring values, that I may grow toward my greater destiny.

Remind me each day that the race is not always to the swift; that there is more to life than increasing its speed.

Let me look upward to the towering oak and know that it grew great and strong because it grew slowly and well