

How to Grow

Class 4: Bible Intake Part 2: Disciplines

Class Schedule Overview

1	Introduction
2	All of life worship
3	Bible Intake I
4	Bible Intake II
5	Prayer
6	Confession of sin
7	Fasting
8	Evangelism
9	Serving
10	Stewardship
11	Cultivating Spiritual Fruit I
12	Cultivating Spiritual Fruit II
13	Perseverance

I. Intro / Review

- A. The importance and benefit of the Scriptures.**

II. Reading the Scriptures

- A. God expects us to read His word.**
- B. Honor the Lord by setting apart your best time to read.**
- C. Read throughout the day.**
- D. Read all of God's word systematically and prayerfully.**

Psalm 119:18

III. Meditation Upon the Scriptures

- A. Meditation is carefully considering and thinking upon a subject.**
- B. It is prayerful meditation upon God's word that brings forth fruit in our lives**

Psalm 1:2-3, Joshua 1:8

- C. Meditate upon those passages / sections that stick out to you the most as you read.**
- D. Think upon God's word often, day and night even and throughout your day.**

IV. Memorization of the Scriptures

- A. Not simply memorizing random scriptures, but treasuring God’s word in your heart.**

Psalm 119:11

- B. This will enable you to make quick application of God’s word in your life.**

Luke 4:1-15

V. Praying the Scriptures

- A. This is the overflow of the first three disciplines**
- B. This will direct us in prayer and give us “ammunition” for it.**
- C. Pray back to God His promises, character, works etc...**
- D. Pray about the meditations / thoughts you have had on scripture**

VI. Singing the Scriptures

Psalm 119:54

VII. Discussing the Scriptures

Deuteronomy 6:6-9

VII. Obeying the Scriptures

John 13:17, Psalm 119:4

Questions:

- 1. What are some of the disciplines you are doing well in?**

- 2. What are some of the disciplines that you need to work on?**

- 3. Are some of these things you have never considered before?**

- 4. What is the best time for you to read / pray over the scriptures?**
