

Biblical Counseling

Quiz 6

Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 4, Key Elements of Biblical Counseling

1. Write out the words of the Truth acronym.
T -
R -
U -
T -
H -

2. List the six steps of Biblical Counseling.
 - 1) L -
 - 2) L -
 - 3) E -
 - 4) D -
 - 5) T -
 - 6) H -

3. List some of the 7 questions for discerning the problem.
 - 1)
 - 2)
 - 3)
 - 4)
 - 5)
 - 6)
 - 7)

Write out 2 Peter 3:18.

What is the importance of this verse to Biblical counseling?

Inductive Bible Study Template
 Grace Baptist Church of Indy, Inc. Pastor Walt Willett
 Section 4, Key Elements of Biblical Counseling

Passage:			
Observe			
For epistles, poetry, prophecies, proverbs, speeches:			
Topic	Thesis	Development	
For history, conversation, parables:			
Place	People	Plot	Point
Interpret			
Type of Literature		Context	
Key Words		Background	
		Cultural: Religious: Political: Geographical: Natural:	
Figures of Speech		God's Pont or Teaching	

Other Scriptures			
Other Men of God			
Apply			
Audience		Form	
To Me	For Me	Universal Principle	Cultural Form
Know God Better		Timeless Principle:	
Reproof:		Correction:	
Instruction in Righteousness:			
	Put Off	Put On	
Behavior			
Thoughts			
Hearts Desire			

God's Purposes for Marriage

Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 5 Common Problems

- 1. Mirror The Image Of God - Genesis 1:27 (KJV) So God created man in his *own* image, in the image of God created he him; male and female created he them.**
 - a. The man images the rule of God with his deeper voice and bigger body.
 - b. The woman images the love and mercy of God with her gentle voice and soft body.

- 2. Create Children - Genesis 1:28 (KJV) And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.**
 - a. Position 1: Have all the children you can because this command has never ended.
 - b. Position 2: Only have the children you can provide for. -I Tim. 5:8

- 3. Subdue and Conquer the Earth - Genesis 1:28 (KJV)**

²⁸ And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

 - a. Both are called to be stewards of the earth.
 - b. The husband typically does it outside the home and the wife typically inside the home.

- 4. Companionship – Genesis 2:18 (KJV)**

¹⁸ And the LORD God said, *It is not good that the man should be alone; I will make him an help meet for him.*

 - a. No other created thing can provide the proper companionship.
 - b. It takes time and intention to develop companionship.
 - c. With our busy life styles, a couple may have to schedule in time for each other.

- 5. Create New Family Units – Genesis 2:24 (KJV)**

²⁴ Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one flesh.

 - a. Both mates have to leave their families physically, and emotionally.
 - b. They have to establish new values, they establish the values of Christ.

- 6. Become One Flesh - Matthew 19:4-6 (KJV)**

⁴ And he answered and said unto them, Have ye not read, that he which made *them* at the beginning made them male and female, ⁵ And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh? ⁶ Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

 - a. Marriage is a permanent relationship.
 - b. Children are a temporary relationship.

- 7. Become Christ Like - Romans 8:28 (KJV)**

²⁸ And we know that all things work together for good to them that love God, to them who are the called according to *his* purpose.

 - a. We marry for happiness.
 - b. God's purpose in marriage in part is to grow us as we become tools in His hands, to rub off the rough edges of each person.

8. Sexual Purity - 1 Corinthians 7:1-5 (KJV)

¹ Now concerning the things whereof ye wrote unto me: *It is good for a man not to touch a woman.*

² Nevertheless, *to avoid* fornication, let every man have his own wife, and let every woman have her own husband. ³ Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband. ⁴ The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife. ⁵ Defraud ye not one the other, except *it be* with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

- a. Sexual intimacy in marriage, is the only God ordained outlet for expressing sexual desire.
- b. Either mate may initiate.
- c. Marital relations should be regular.

9. Picture the Relationship between Christ and the Church - Ephesians 4:24-25 (KJV)

²⁴ And that ye put on the new man, which after God is created in righteousness and true holiness.

²⁵ Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.

- a. The way the wife submits to the husband should picture how the Church submitted to Christ.
- b. The way the husband loves the wife should picture how Christ loved the church.

10. Mutual Care

a. The husband provides. - **1 Timothy 5:8 (KJV)**

⁸ But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel. I Tim. 5:8

b. The wife keeps the home. - **Titus 2:4-5 (KJV)**

⁴ That they may teach the young women to be sober, to love their husbands, to love their children,

⁵ To be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.

What are the reasons most people marry?

Ten Commandments for Husbands
Pastor Walt Willett: Grace Baptist Church of Indianapolis
Lesson 5 Common Problems

1. Draw strength from Christ. - **Ephesians 6:10 (KJV)** ¹⁰ **Finally, my brethren, be strong in the Lord, and in the power of his might.**
2. Be alert, stand fast in the faith, be strong yet loving. - **1 Corinthians 16:13 (KJV)** **Watch ye, stand fast in the faith, quit you like men, be strong.**
3. Stay under Christ's headship. - **1 Corinthians 11:3 (KJV)** **But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God.**
4. Submit to those in authority over you. - **Hebrews 13:17 (KJV)** ¹⁷ **Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you.**
5. Love your wife and give yourself for her. - **Ephesians 5:25 (KJV)** ²⁵ **Husbands, love your wives, even as Christ also loved the church, and gave himself for it.**
6. Do not be bitter with your wife. - **Colossians 3:19 (KJV)** ¹⁹ **Husbands, love your wives, and be not bitter against them.**
7. Understand and honor your wife - **1 Peter 3:7 (KJV)** ⁷ **Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered.**
8. Provide for your family. - **1 Timothy 5:8 (KJV)** ⁸ **But if any provide not for his own, and specially for those of his own house, he hath denied the faith, and is worse than an infidel.**
9. Bring up your children in the nurture and discipline of the Lord. - **Ephesians 6:4 (KJV)** ⁴ **And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord.**
10. Take your family to church. - **Hebrews 10:25 (KJV)** ²⁵ **Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.**

Commitment Prayer

Lord Jesus please give me grace to be the husband you want me to be and obey these commands.

Signed: _____ Dated: _____

10 Commandments for Wives

Pastor Walt Willett: Grace Baptist Church of Indianapolis
Lesson 5 Common Problems

1. She trusts in God and leans not on her own feminine wiles. - **Proverbs 3:5-6 (KJV)** ⁵ **Trust in the LORD with all thine heart; and lean not unto thine own understanding.** ⁶ **In all thy ways acknowledge him, and he shall direct thy paths.**
2. She is consistently being filled with the Spirit. - **Ephesians 5:18-21 (KJV)** ¹⁸ **And be not drunk with wine, wherein is excess; but be filled with the Spirit;** ¹⁹ **Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;** ²⁰ **Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;** ²¹ **Submitting yourselves one to another in the fear of God.**
3. She believes she is responsible for her behavior and not her husband's. **2 Corinthians 5:10 (KJV)** ¹⁰ **For we must all appear before the judgment seat of Christ; that every one may receive the things *done* in *his* body, according to that he hath done, whether *it be* good or bad.**
4. She trusts God to guide her through her husband. **2 Corinthians 11:3 (KJV)** ³ **But I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ.**
5. In faith out of love for her Lord, she submits to her husband in everything. **Ephesians 5:22-24 (KJV)** ²² **Wives, submit yourselves unto your own husbands, as unto the Lord.** ²³ **For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.** ²⁴ **Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing.**
6. She understands her husband's deep desire for respect. - **Ephesians 5:33 (KJV)** ³³ **Nevertheless let every one of you in particular so love his wife even as himself; and the wife *see* that she reverence *her* husband.**
7. She emphasizes the inner beauty of good deeds and a quiet and gentle spirit. - **1 Timothy 2:9-10 (KJV)** ⁹ **In like manner also, that women adorn themselves in modest apparel, with shamefacedness and sobriety; not with broided hair, or gold, or pearls, or costly array;** ¹⁰ **But (which becometh women professing godliness) with good works.**
1 Peter 3:3-4 (KJV) ³ **Whose adorning let it not be that outward *adorning* of plaiting the hair, and of wearing of gold, or of putting on of apparel;** ⁴ **But *let it be* the hidden man of the heart, in that which is not corruptible, *even the ornament* of a meek and quiet spirit, which is in the sight of God of great price.**
8. She teaches her husband through her examples. - **1 Peter 3:1-2 (KJV)** ¹ **Likewise, ye wives, *be* in subjection to your own husbands; that, if any obey not the word, they also may without the word be won by the conversation of the wives;** ² **While they behold your chaste conversation *coupled* with fear.**
9. She understands her body belongs to her husband and his to her; and responds when he desires intimacy and initiates when she has desire. - **1 Corinthians 7:3-5 (KJV)** ³ **Let the husband render unto the wife due benevolence: and likewise also the wife unto the husband.** ⁴ **The wife hath not power of her own body, but the husband: and likewise also the husband hath not power of his own body, but the wife.** ⁵ **Defraud ye not one the other, except *it be* with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.**
10. She cares for her home. - **Titus 2:4-5 (KJV)** ⁴ **That they may teach the young women to be sober, to love their husbands, to love their children,** ⁵ ***To be* discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.**

Commitment Prayer

Lord Jesus please give me grace to be the wife you want me to be and obey these commands.

Signed: _____ Dated: _____

comfortable with them (1 Thess 5: 19).

- 6. Is confident that through Christ he/she can do all things (Phil 4:13).
- 7. Is dependent on God. Can relate to others and, but is not dependent on them (John 15:5).
- 8. Is not afraid to be non-conformist (John 12:43).
- 9. Loves his/her family but is not emotionally or financially dependent to them (Gen 2)

Socially he/she:

- 1. Is honest in relationships- speaks the truth with love (Eph 4:15).
- 2. Is dependable (Gal 5:22-23).
- 3. Is just in dealing with others (1 Thess 4:6).
- 4. Is unselfish and able to put the needs of others above his/herself.
- 5. Is polite, well-mannered, and carries his/herself with dignity (Titus 2:1, 3:6)
- 6. Avoids dishonesty. Instead speaks the truth lovingly (Eph 4:15)
- 7. Refuses to control or be controlled by others (Phil 2:3-4)

Second, the Christian man and woman are learning to fulfill and enjoy the assignments God has given to them as a man or woman.

1. Self- sacrificing leadership (Eph 5:25-27)
 - a. Caring leadership (Eph 5:28-30)
 - b. Servant leadership (John 13:4-17)
 - c. Leadership by example (1 Peter 5:3)
 - d. Golden rule leadership (Matt 7:17, Luke 6:31)
2. Providing for his wife and children (1 Peter 3:7, 1 Tim 5:8)
 - A. Identity
 - b. Survival needs
 - c. Security needs
 - d. Emotional needs
 - e. Material needs
 - f. Social needs
 - g. Self- fulfillment needs
 - h. Wife's need for romance, tenderness and strength
3. Guiding the family:
 - a. In accordance with God's word and will (1 Cor 11:3).
 - 1) through prayer.
 - 2) through Bible study and Scripture memory.
 - b. In teaching them under God to respond to authority, be in authority and be their own authority (1Tim 2:13, Duet 6).
 - c. As children in the discipline and nurture of the Lord (Eph 6:9).
 - d. In helping them to develop their full potential in every area.
 - e. In helping them to learn to find God's will in every situation.
4. Protecting the family:

- a. from attack.
- b. from disaster.
- c. from evil influence.

These roles include the following for the woman:

1. Being his companion and helpmate,
 - a. best friend (Gen2).
 - b. confidant (Gen 2).
 - c. lover (Prov 5, Gen 2, 1 Cor 7, Heb 13:4).

2. Supporting the husband in his leadership role by:
 - a. submitting to his God- given rank (Eph 5:22-24, 1 Peter 3, Col. 3:18).
 - b. respecting him (1 Peter 3).
 - c. honoring him (1 Peter 3).

3. Building a nest for the family by:
 - a. overseeing the care of the home (Titus 2:5).
 - b. helping the husband to met the family's needs.

4. Manifesting God's love in the home to the family:
 - a. through acts of kindness (Titus 2:5).
 - b. through giving affection (Titus 2:5).
 - c. through loving words (Eph 4:29).

Four Rules of Communication
Pastor Walt Willett Grace Baptist Church of Indianapolis
Ephesians 4:25-32

Good relationships are not built because of an absence of problems. Nobody is immune from problems. All are sinners and that is all it takes to set the stage for conflict! Take heart! Solid and lasting relationships can be built by those who know Christ as Savior and who learn to deal with problems biblically. In Ephesians 4:22-24, Paul talks about “How to grow and change” by replacing the “old self” thoughts and action with biblical thoughts and habits which is God’s way of handling conflicts. He illustrates this in the following verses (vs. 25-32), and in these examples of “put off” –“put on,” he gives four very effective “Rules of Communication.” They are good for preventing and solving problems.

I. Be honest (vs. 25)

- A. Not just put off lying, but speak the truth.
 - 1. Greek imperative: A command.
 - 2. People cannot read our minds. (1 Cor. 2:11)
 - 3. Honesty is more than not lying.

- B. Speak the truth.
 - 1. Problems cannot be resolved unless they are expressed.
 - 2. “You speak.” Clamming up is sin and therefore not allowed

- C. Dishonesty is out!
 - 1. Outright deceit.
 - 2. Conflict between body language, tones and the content of what we say.
 - 3. Disguising the message; innuendoes.

II. Keep current (vs. 26-27)

- A. Get angry, but do not sin.
 - 1. Lying (v.25) is sin: anger (v. 26) may not be.
 - 2. Anger is energy to be used to solve problems.
 - 3. Anger is sinful when it is used to attack others (Prov. 25:28) or self (stewing about the problem) (Eph. 4:26-27)
 - 4. Failure to solve problems daily means we are giving place, or a foothold to the Devil.
 - a. Opening the way to disappointment, resentment, bitterness and hatred.
 - b. Distorting subsequent problems.

- B. Stop clamming up (cutting off communication)
 - 1. Cutting off communication by:
 - a. Crying
 - b. Threatening an explosion-volcanic eruption
 - c. Bottom lining: ”all I have to say is...”
 - 2. Deal with problems quickly.
 - a. Mt. 6:34- tomorrow will have problems of its own.

- C. Six questions to ask before bringing up a sticky problem:
 - 1. Do I have the facts right? (Prov. 18:13)
 - 2. Should love hide it? Is it sinful? Is it hindering growth? (1 Pt. 4:8)
 - 3. Is my timing right? (Prov. 15:23b)
 - 4. Is my attitude right? Am I trying to help the other person? (Eph 4:15)

5. Are my words loving? (Eph 4:15)
6. Have I asked for God's help? (Prov.3:5b)

III. Attack problems, not people (vs. 29, 30; 4:15)

- A. Avoid "unwholesome words" (corrupt communication"-KJV)
 1. Words that attack a person's character. (Mt. 5:21-22) Name-calling.
 2. Tears down, rips apart or hinders growth. (Jam. 3:5-12)
 3. Clouds or bypasses the issue.
 4. Grieves the Holy Spirit. (Eph 4:30, 5:18)
- B. Use "edifying" communication that encourages or builds up. (Eph 4:15-20)
 1. Two ways we must speak the truth in 4:15 are in love and to bring growth.
 2. Words that edify, give "grace" (the desire/ ability to do God's will) to those who hear.
 3. Words that zero in on the conflict are solution oriented.

NOTE: This rule can also be violated by tones and body language.

IV. Act, don't react (vs.31-32)

- A. Reactions (vs 31) – attitudes and actions that must be "put off"
 1. Definitions:
 - a. Bitterness: the refusal to tear someone as if they never hurt you.
 - b. Wrath: flaring outbursts of anger.
 - c. Anger: settled indignation or hostility that frequently seeks revenge; the "slow burn."
 - d. Clamor: harsh contention and strife, public quarreling, brawling.
 - e. Slander: speech that injures abusive speech.
 - f. Malice: desire to harm others or see them suffer.

The natural tendency of our Genesis 3 nature is to be defensive about dealing with our own sins. (Eph. 4:31; Gen. 3:8-13)
- B. Actions (vs. 32) – attitudes and actions your must "put on" to replace the reactions:
 1. Definitions:
 - a. Kind: benevolent, helpful, and courteous.
 - b. Tenderhearted: literally "of good heartedness", compassionate, sympathetic.
 - c. Forgiving: to give up your right or claim to revenge, hold a grudge to get even.
 2. You, through God's Spirit, learn to be kind, tenderhearted and forgiving.
- C. Conflicts are possible only if each person reacts.

Conclusion

1. Note: Changing habits is not easy, but can be done.
 - a. 1 Cor. 10:13, Phil. 4:13
 - b. It is much easier than the "way of the transgressor" (Prov. 13:15b)
2. No matter how irresponsible the other person is, you must act biblically!
 - a. You can't change the other person, but you can change how you respond.

Husband Leadership Styles

Pastor Walt Willett: Grace Baptist Church of Indianapolis
Lesson 5 Common Problems

Husband	Wife	God's Goal for Husband	Husband's Growth Goals	Wife's Encouragement
1. Dictate	Cheerfully accept dictates.	Dictate clear Bible commands. I Cor. 16:13	Diligently study Word.	Encourage husband to take charge in obeying the Word.
2. Direct	Cheerfully accept directions.	Direct in areas where Biblical principles involved. - I Cor. 11:3	Diligently study the Word for principles.	Encourage him to lead according to Biblical principles.
3. Decide After Input	Willing & prayerfully give input.	Decide after input in areas of convictions. Rom. 13:23	Learn your wife and examine your own heart about areas where doubt.	Share openly areas where not sure about what pleases the Lord and accept husband's areas.
4. Decide Together	Willing and prayerfully work toward consensus.	Decide together in non Biblical areas. -Phil. 4:2-3	Don't think he is right and learn his needs and desires.	Don't think she is right and learn his needs and desires.
5. Delegate	Willingly accept delegated areas.	Wife is called to be a helpmate. - Gen. 2:18	Examine gifts and strengths of husband and wife.	Use gifts and strengths to help husband.
6. Depend On	Willing accept areas where husband depends on wife.	Wife is called to be the household manager. I Tim. 5:14	Accepts that God gives the wife the household management.	Respectfully takes charge of the home management.
7. Defer to	Willing take charge of areas where husband wants to defer to wife.	In areas of weakness, struggle and sin. -Jam. 5:16	Makes the wife his accountability partner.	Wife respects husband for being open and guides him in areas of weakness.

Undefiling the Bed

Section 5 Common Problems

Hebrews 13:4 (KJV)

⁴ Marriage is honourable in all, and the bed undefiled: but whoremongers and adulterers God will judge.

God Intended Purposes for the Marriage Bed

Oneness	Pleasure
At the spiritual level, the marital act symbolizes, our God given call to become one flesh. At times does our coming together, mutually remind us of our oneness? - Matt. 19:5	One of God's purposes in sexual union is the conception of children. Children are a gift of the Lord. - Gen. 1:28
Pleasure	Burden Bearing
God made us male and female and made us to cleave together. God made this cleaving to be very pleasurable and in the Song of Solomon endorses that pleasure. In our marriage are there times when we mutually enjoy that pleasure? - Song of Solomon, Prov. 5	At the physical level sexuality, is a strong desire that in a sinful and fallen world is a burden that I must carry if I am going fulfill it in a God pleasing manner. In my marriage, do I help unburden my mate enough from this desire that they do not sin because of lack of self control? - I Cor. 7:5

Principles for Undefiling the Marriage Bed

What is permissible before God in marital love?

Design	Love
Does this act stay within the limits of God's design of the body and his purpose for each part of the body? - Ps. 139	Is this act loving? - I Thess. 4:12
Image of God	Two Directional
Does this act reflect that we were both made in the image of God, and are persons not objects? - Gen. 1:27	Over time, does our loving consider both partners. - I Cor. 7:3
Mutual Initiation	Authority
In the realm of sexual union, both the spouses are given the right to initiate. - I Cor. 7:4	Each spouse has authority over the mates body in the area of sexual union. - I Cor. 7:4
Communication	Conscience
Marriage involves knowing our mate in the deepest and most personal way. Can we share openly and frankly about what pleases us and what does not please us? Our mate cannot read our mind, do we share openly? - Gen. 4:1	Rom. 14:23 teaches that we should not engage in anything that we are not sure is right before God. Do I try to force or cajole my partner into things they are not sure about?
Nakedness	Touch
Before sin entered the world, the original couple were naked and not ashamed (Gen. 2:25). After the fall, they realized that nakedness could cause sin and shame (Gen. 3:7). We dress modestly outside of marriage to avoid that shame and sin (I Tim. 2:9). Within our marriage nakedness is essential to cleaving. In the privacy of our marriage, we need to feel comfortable with and celebrate various states of nakedness (Prov. 5:19; Song 4:1-7). Do we? The wife needs to be comfortable with the fact that her husband will desire to see her physical beauty. Is she? - Ps. 45:11	God made touch to prepare us for cleaving. God also made touch very pleasurable whether the touch of lips, or lips to skin, or hands to skin or skin to skin. In the Song of Songs, He endorses all of these kinds of touch (Song 1:2; 2:3; 2:6). Do we take time to enjoy touch?
Romance	Environment
Romance is making your mate feel special. – Song of Songs- Do we make time for romance?	Creating a loving atmosphere is important. – Song of Sol.
Abstinence	Frequency
In God's plan there are times when a husband and wife must refrain from sexual union due to health reasons, the women's monthly cycle or travel, fasting and prayer etc. During these times, God wants us to learn self control. - I Cor. 9:27; I Thess. 4:4	God says loving is to be only interrupted by mutual consent and for God centered reasons like fasting and prayer. In this busy lifestyle, do I make time for my mate? - I Cor. 7:5

Glorifying Christ

Whatever we do should glorify Christ. To glorify Christ in this area means to use this gift in the way He intended. - I Cor. 10:31

Understanding Marriage Problems

Pastor Walt Willett Grace Baptist Church of Indianapolis

Section 5: Common Problems

Fruit Problems

Parents	Roles	Manners	Children	Priorities
Housing	Sex	Time Together	Work	
Money	Church Issues	Friends	Purchases	

Root Problems

Relationship Issues		
Personal Issues	General Maturity	Spiritual Maturity

Priorities

Ephesians 5:16redeeming the time, because the days are evil.

Brevity of Life Ps. 39:4 Ps. 90:12	Issues in Life Trust and Obey Prov. 3:5-6	Life Purpose Phil. 3:10-14 Rev. 4:11
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Reasons for Our Creation

Subdue and Conquer and Replenish Earth Gen. 1:27-28	Fellowship with God Gen. 3:8	Give God Pleasure Rev. 4:11
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Reasons for Our Recreation

Holy and Blameless Eph. 1:4	Live for the Lord II Cor. 5:15	Become Like Jesus Rom. 8:28-29
God's Kind of Partner	God's Kind of Parent	God's Kind of Parishioner
God's Kind of Ambassadors – II Cor. 5:18-21		

Values of Goal Oriented Living

Gives Confidence Ps. 1:1-3	Provides Daily Directions	Provides Unity and Meaning
Facilitates Planning	Wise Use of Gifts	Provides Basis for Evaluation

Implications of Priorities for Counseling

Help's Counselor Form Agenda	Keep's Counseling Christ Centered	Help's Counselee Solve Problems in Future
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Husbands Role

Learner – I Pet. 3:7	Lover – Eph. 5:25	Leader – I Cor. 11:3
Takes Time	Initiates – I John 4:19	Strong – I Cor. 16:13-14
Takes Study	Sacrifices – Eph. 5:25	Stands Firm
Learn she is delicate	Forgives – Eph. 4:32	Servant – Mt. 20:25-28
Learn she is an equal – joint heir	Acts Mannerly – I Pet. 3:7	Submits to Christ – I Cor. 11:3

Wife's Role

Submit – Eph. 5:22,24	Help – Gen. 2:18	Revere – Eph. 5:33
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Empowering Your Husband To Lead

1. Accept his decisions	2. Show confidence in his decisions
3. Adapt to his priorities	4. Don't resent past failures
5. Model loyalty to him for children	6. Be grateful to him
7. Adapt to his discipline of the children	8. Don't correct him in public.

Principles for Biblical Sexuality

1. Sexual expression is for marriage. - Heb. 13:4
2. Marital loving is pure and holy. - Heb. 13:4
3. Primary goal of marital loving is pleasing mate. - I Cor. 7:3
4. Either husband or wife can initiate. - I Cor. 7:4
5. Pleasure in marital loving is assumed and goal. - Prov. 5:18-19
6. Sexual relations are to be regular and continuous. - I Cor. 7:5

Biblical Principles for Parenting

1. Remember relationship to children is temporary. - Gen. 2:24
2. Remember parent's are stewards of children. - Rev. 4:11
3. Goal is to bring them up under Christ. - Eph. 6:4
4. Children need: love, example, teaching and discipline. - Eph. 6:4
5. Parents need to be consistent. - James 5:12b
6. Children need structure. - I Cor. 14:40
7. Children need the rod. - Prov. 29:17

Instructions for Spanking

1. Give clear expectations.	2. When guilt established send room.
2. Calm down.	3. Have child lean over bed.
4. Give child time to cry on bed.	5. Child asks forgiveness, prays, hugs

Counseling Couples Crippled by Adultery

Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 5: Common Problems

Husband's Issues	Wife's Issues
1. Purity – I Thes. 4:3-4	1. Anger- Eph.4:31-32
2. Man of God – I Tim. 6:11	2. Trusting God & Trusting Husband - Prov. 3:5-6
3. Growing husband – Eph. 5:25	3. Facing Ways Contributed - Ps. 139:23-24
4. Patience with the harm caused. - James 5:8	4. Insecurity Issues – I Pet. 5:8

Finding Your Mate

Pastor Walt Willett Grace Baptist Church of Indianapolis
Section 5 Common Problems

1. Prepare from Childhood for Marriage

Men	Women
1. Learn to be under Christ - I Cor. 11:3	1. Learn to submit to authority - Eph. 5:22
2. Learn self control - Gal. 5:22-23	2. Learn self control - Gal. 5:22-23
3. Learn to give of yourself – Eph. 5:25	3. Learn to care for - Titus 2:4
4. Learn to provide – I Tim. 5:8	4. Learn to keep a home – Tit. 2:5; Pr 31
5. Learn to submit to men of church – I Pet. 5:5	5. Learn to be orderly – I Cor. 14:40

2. Know yourself.

Men	Women
1. If a man determines God’s mission and the convictions by which you want to live – I Cor. 16:13-14	1. If a woman, find a man with a mission that you want to help complete and whose convictions make sense.
2. Learn your leadership style – Direct, joint decision making, delegate	2. Pick a man with a leadership style that fits you.

3. Discern if God has called you to marriage.

- a. Do you desire to be married.
- b. Do you need marriage to help handle sexual desire in a holy way.
- c. Do others see you as having the gift of marriage.

4. Determine to enter your marriage as a virgin physically and if not physically spiritually.

I Thess. 4:3-5

Focus on helping the opposite gender grow in Christ as a brother or sister	Be careful of dress. Form fitting, revealing, too low or too high
Be careful of touch – I Cor. 7:1	Be careful about being alone.

5. Commit your self to fellowship and courtship not dating.

- a. Fellowship avoids physical contact and focuses on helping the other person grow in Christ.
- b. If may done with more than one person at a time.
- c. Fellowship involves no commitment.
- d. In time move toward exclusive fellowship and supervised touch and time together.

6. Use parents or pastor or brother or sister to help you decide if this person is a good choice. Since love is blind, the counsel of someone who is objective will protect from bad decisions.

7. Don’t get carried away by the wedding industry. Weddings do not have to be extravagant and expensive to glorify the Lord and launch a couple into marriage.

7 DAYS IN THE WORD

Philippians 1:6

Week 7

Philippians 1:6 (KJV) Being confident of this very thing, that he which hath begun a good work in you will perform *it* until the day of Jesus Christ:

Philippians 1:6 (KJV) Being confident (persuaded) of this very thing, that he which hath begun a good work in you will perform (accomplish) *it* until the day of Jesus Christ:

OBSERVE

DAY 1 Write the verse out on a 3x5 index card and read it 4 times.

DAY 2 Review the verse again and identify the topic, main point, and how the verse is developed- Who? What? When? Where? & Why?

INTERPRET

DAY 3 Context- Read and identify the context surrounding the verse.

DAY 4 Identify the literary style and grammar of the verse

DAY 5 Look up the definition of key words in the Strong's Concordance

DAY 6 Fill out the verse meditation form

DAY 7 Think about how you can make this verse a habit in your daily living

Verse Meditation Form Based on II Tim. 3:16

Name:

Date:

Verse:

Teaching: What is the teaching?

Reproof: What should I put off? What should I stop doing?

Correction: What should I put on? What should I start doing?

Instruction in Righteousness: What habits should I develop?

Case No. 5 Marriage

Billy and Sharon have been married for seven years. They were high school sweethearts. “I am so hurt and betrayed, I don’t think I could ever trust him again” Sharon bursts into tears. “He told me he would never do such a thing, I was faithful and willing to have sex anytime he wanted.” Billy has had an affair with his co-worker. “I have tried to apologize but she just keeps bringing it up every time there’s an opportunity.” He claims that all she cares about are the children and the house being clean. “There is no time for just the two of us anymore. All I want is to be able to spend time with my wife.” They are both willing to do whatever it takes to make their marriage better.

Listen

1. Tell me more

2. How would you reassure the counselee or How would you relate to the counselee?

3. What is the counselee’s understanding of their situation?

4. What are the teaching methods needed?

5. What are ways to help the counselee evaluate the challenges here? What is their view or theology of God and have they invited God into life?

Biblical Counseling

Six Key Elements

1. How would you gather more data by listening?

2. How would you express love to or establish involvement?

3. How would you encourage or give hope?

4. Discern: What is the problem?

5. What portion of the Word would you teach?

6. What homework would you give to help them apply the Scripture?