Meditating on the Word
Joshua 1:1-8

Main Point:
Meditation is key to your sanctification; therefore, pursue success in the battle against sin by regularly meditating on the Word of God.

1. Until you arrive at the Promised Land, you have a battle to fight against sin.

2. In order to have success in this battle, you need to meditate on the Word of God.

3. Meditating on the Word is to be a regular part of your daily life.

4. Pursue success in the battle against sin by regularly meditating on the Word of God.

Colossians 3:4-5 4 When Christ *who is* our life appears, then you also will appear with Him in glory. 5 Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire, and covetousness, which is idolatry. (NKJV)

Jerry Bridges "To meditate on the Scriptures is to think about them, turning them over in our minds, and applying them to our life's situations."

Psalm 1:2-3 2 …his delight *is* in the law of the LORD, And in His law he meditates day and night. 3 He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper. (NKJV)

Thomas Watson "A Christian without meditation is like a soldier without arms, or a workman without tools. Without meditation, the truths of God will not stay with us; the heart is hard, and the memory slippery, and without meditation all is lost."

Edmund Calamy "[Meditation is like] the bee that dwells and abides on the flower, to suck out all the sweetness."

1 Peter 5:8 8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. (NKJV)

Joel Beeke and Mark Jones "When people stop meditating on sermons, they stop benefiting from them."

Psalm 119:11 11 Your word I have hidden in my heart, That I might not sin against You! (NKJV)

Thomas Brooks "It is not he that reads most; but he that meditates most, that will prove the choicest, sweetest, wisest, and strongest Christian."