

PEOPLE WILL PHYSICALLY HURT ME

“When People are BIG and God is Small” by Edward T. Welch (51-72)

I. Reasons why you fear physical hurt.

A. You have been hurt in the past.

1. Destructive deeds done by others. (Gen 34:5)
2. Hurtful words said by others. (Proverbs 12:18)

B. You might get hurt in the future.

1. Abraham (Gen 12:11-13; 20:1-6; 22:12)
2. Israel entering Canaan (Num 13:28-33; Deut 1:21)

C. You doubt God’s goodness and compassion. – JANET: A CASE STUDY

II. Biblical structure to overcome shame and threat.

A. Reflect on God’s great compassion. (Isaiah 54:4-5)

B. Take responsibility for your own sin. (Prov 28:13)

C. Forgive those who have wronged you. (Col 3:12-14)

D. Fix your eyes on Christ. (Heb 12:2)

E. Develop an eternal perspective. (Matt 10:28)