



SUMMER FRUIT

SELF-CONTROL
Galatians 5:22-23

Dr. Mike Fabarez • Focal Point Radio Ministries • September 12 & 13, 2020 • Msg. 20-35

Galatians 5:22-23
22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. (ESV)

1. Reengage _____

2. Get _____

3. Beg _____

Application Questions

These questions are provided for your further study and application of the sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of the study. It is also helpful when you are able to discuss your answers with others.

1. Read **James 3:2-12**. The control of our words (or the lack thereof) certainly reminds us of the challenge of consistently marshaling the function of our fallen bodies for righteous purposes. What are some examples of good intentions that you had for your words, which miserably failed because of a lack of self-control over your mouth?
2. Read **Romans 6:11-13**. What sorts of defeatist and lax views of the Christian life are countered by the strong command and expectation of this passage? Why do you think so many advocate for a low expectation of Christian sanctification?
3. Read **1 Peter 2:11-12** and **1 Corinthians 9:24-27**. What are some of the things for which you have to brace yourself when you take the battle for godly self-control seriously? What would you say to the person who tells you that if self-control is a fruit of the Spirit then it won't require us to fight for it?
4. Read **1 Corinthians 6:12** and **Romans 13:14**. What are some of the ways Christians set themselves up for failure in their quest to exercise self-control? How have you done this?
5. Read **Isaiah 40:28-31** and **Psalms 141:3-4**. What specific requests can you add to your daily prayers this week that will assist you in fighting the battle against your fallen impulses?