

In Pursuit of Godliness

1 Timothy 4:6-10

- 1) The quest for *godliness* in God's people
 - a) Used 15x in NT, 13x in the pastorals (9x in 1 Timothy)
 - b) Rooted in the mystery of godliness (3:16)
 - c) Comes through a diet, not of food, but of Scripture
 - d) Is not self-centered legalism but God-centered service
- 2) What is a diet of godliness? (4:6-16)
 - a) Eat right: nourish on Scripture (6a)
 - b) Continue in faithfulness to Christ (6b)
 - c) Avoid junk food: reject false doctrines (7a)
 - d) Discipline your mind for holiness (7b-9)
 - i) Don't be easily duped by myths
 - ii) Remove all hindrances to godliness
 - iii) Invest in your eternal future, not the here & now
 - e) Study the Bible meticulously (10)
 - f) Fix your hope on the living God (10b)
 - i) He is the Savior of all *kinds* of people
 - ii) Only believers receive salvation
- 3) What is the result of godliness?
 - a) Makes us better spouses, parents, friends, citizens, employees
 - b) Gives us peace in times of chaos
 - c) Grounds us in the truth, not lies