

**Take Jesus seriously.**

- 1. Don't get blinkered by food.**
  - a. You have real needs
  - b. Creation was made for enjoyment
  - c. The disciples' misunderstanding
  - d. Why do you fixate on food?
  - e. How do you fixate on food?
  
- 2. Beware the leaven of the Pharisees.**
  - a. What is leaven?
  - b. Leaven of the Pharisees
  - c. How insincerity blinds
  - d. Why we are insincere
  - e. Jesus' sincerity
  - f. Practice sincerity.