

## ***Do Not Worry***

### **Matthew 6:19-34**

#### Main Point:

Instead of worrying, trust in the loving care of your Heavenly Father and frame your life around His priorities.

1. Despite what others say, worry is a sin.
2. When you worry, you are worshiping another “god”.
3. When you worry, you are doubting the loving care of your Heavenly Father.
4. Instead of worrying, trust in the loving care of your Heavenly Father and frame your life around His priorities.

## **Quotations and Cross-References**

**Philippians 4:6a** <sup>6</sup> Be anxious for nothing ... (NKJV)

**Jerry Bridges** “When I give way to anxiety, I am, in effect, believing that God does not care for me and that He will not take care of me in the particular circumstance that triggers my anxiety at the moment.”

**Psalms 111:5** <sup>5</sup> He provides food for those who fear him; he remembers his covenant forever. (ESV)

**Colossians 2:13-14** <sup>13</sup> And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, <sup>14</sup> having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross. (NKJV)

**Psalms 103:10** <sup>10</sup> He does not deal with us according to our sins, nor repay us according to our iniquities. (ESV)

**Romans 8:28-29** <sup>28</sup> And we know that all things work together for good to those who love God, to those who are called according to *His* purpose. <sup>29</sup> For whom He foreknew, He also predestined *to be* conformed to the image of His Son, that He might be the firstborn among many brethren. (NKJV)

**John Newton** “How happy are they who can resign all to him, see his hand in every dispensation, and believe that he chooses better for them than they possibly could for themselves.”

**Mark Ross** “It is faith in the goodness and love of God that can keep us steady under all the threatening pressures of life.”

**Sinclair Ferguson** “Wrong priorities breed anxious hearts.”